

# HOSG25

HEAD OF THE SCHOOLGIRLS REGATTA BARWON RIVER GEELONG



# 14-16TH MARCH 2025



# PROGRAM





**ROWING**  
Victoria



**GOLD SPONSOR**



**SILVER SPONSOR**



**BRONZE SPONSOR**



## Welcome to the 2025 Head of the Schoolgirls' Regatta

The Head of the Schoolgirls' Regatta (HOSG) has a proud history of providing an inclusive and competitive event for schoolgirl rowers in Victoria. Since its inception in 1985, HOSG has grown to become the pinnacle event on the regatta calendar for schoolgirl rowing in Victoria. Now, in its 41st year, the purpose of our regatta remains unchanged.

This year, I am both delighted and grateful to welcome our major sponsors—Eleven, 776BC, and Rowpairs. Their generous support plays a crucial role in ensuring the continued success and growth of our regatta. Additionally, we are deeply appreciative of the many businesses, families, and individuals who have contributed by sponsoring individual races. These vital partnerships not only help maintain the high standards of this event but also enable us to provide an exceptional experience for all participants, volunteers, and spectators. With your unwavering support, we are able to continue offering a premier sporting event for the rowing community.

Thank you as always to the members of Rowing Geelong for their unwavering dedication in setting up the racing course and creating a welcoming environment for both competitors and spectators. Special recognition goes to Brian Digby for his tireless efforts in maintaining the infrastructure that ensures this event runs seamlessly year after year.



I would like to take this opportunity to extend my sincere thanks to the members of the Head of the Schoolgirls' Regatta Committee. These dedicated volunteers contribute their time, expertise, and personal commitment to ensure the regatta remains true to its purpose, delivering it with passion and unwavering dedication. I still vividly remember the excitement and sense of magic at my very first HOSG in 2001, and I am deeply grateful to the past committee members who made that unforgettable experience possible.

Having welcomed my daughter Audrey in November 2024, I can only hope that, should she have the opportunity to race at HOSG one day, she will enjoy the same incredible experience that I had at my first regatta—and continue to have as a spectator. I am confident that among the athletes competing this weekend, there are many who will one day play a pivotal role in shaping the future of this regatta, ensuring that HOSG remains one of the most enjoyable and rewarding sporting experiences for young women in Victoria.

*Pictured: Alison Henricus (Regatta President), Tim Dolphin (Regatta Committee Member) and Audrey Henricus*

To all the competitors, I wish you a rewarding and enjoyable weekend. May you create lasting memories and continue the remarkable legacy of HOSG!



Alison Henricus  
President  
Head of the Schoolgirls' Regatta Committee

## History of the Head of Schoolgirls' Regatta

MLC hosted the first HOSG Regatta in 1985. The Regatta consisted of the Heats and Finals for 7 events in which 16 schools and 240 girls competed during a single day. There is no record of the number of spectators who attended. A strong cross wind at Ballarat made conditions very interesting for crews and officials.

**1984** Last year of schoolgirl participation in APS Head-of the River. Principal of Morongo initiates meeting that establishes the HOSG Regatta.

**1985** MLC Hosts the first HOSG Regatta in Ballarat – there were 7 events, 16 schools and 240 competitors.

**1991** The HOSG Regatta Committee incorporates as an Association.

**1992** The HOSG regatta is run over 2 days for the first time and has 18 events

**2002** The HOSG Regatta Committee hosts the regatta replacing the host school arrangement. There are 24 events and 1640 competitors. A long term agreement entered into between Head of the Schoolgirls Regatta Committee, the City of Greater Geelong and the Corangamite Catchment Management Authority to retain the regatta at Geelong.

**2003** The Regatta reaches the largest ever number of competitors with 2151 schoolgirls competing in 322 races across 35 events.

**2005** The committee continued to host the regatta and appointed Rowing Victoria to carry out the dual role of providing officials for the regatta and acting as event manager. There were 2009 competitors from 41 schools.

**2014** The HOSG regatta celebrates 30 years of the event and announces a new 5 year commitment to hold the regatta in Geelong until 2019. The Mayor Darren Lyons 'inks' the deal at a gathering of Principal's and work on maintaining the river to ensure fairness of racing begins.

### OPEN DIVISION 1 WINNERS

	SINGLE SCULL	DOUBLE	FOUR	QUAD SCULL	EIGHT
2024	Haileybury	Albert Park College	Ballarat Clarendon	Gippsland Grammar	Loreto – Toorak
2023	SEDA College	Albert Park College	Ballarat Clarendon	Ruyton Girls' School	Loreto – Toorak
2022	Geelong College	Albert Park College	Ballarat Clarendon	Strathcona	St. Catherine's
2021	Kardinia Int'l College	Mercy College	Ballarat Clarendon	Ruyton Girls' School	St. Catherine's
2020	No race	No race	No race	No race	No race
2019	Maribyrnong Secondary College	No race	Ballarat Grammar	Ruyton Girls' School	MLC
2018	No race	No race	No race	No race	No race
2017	Melbourne Girls' College	Maribyrnong College	Loreto - Ballarat	Ruyton Girls' School	MLC
2016	Kardinia Int'l College		Ballarat Grammar	Ruyton Girls' School	Geelong Grammar
2015	Lowther Hall		Melbourne Girls' College	Ruyton Girls' School	Geelong Grammar
2014	Sacred Heart Yarrowonga		Ballarat Clarendon	Firbank	MLC
2013	St. Columba's College		Lauriston Girls' School	Firbank	Genazzano
2012	Melbourne Girls' College		Ballarat Grammar	Loreto – Toorak	Melbourne Girls' Grammar
2011	Melbourne Girls' College		Lauriston Girls' School	Sacred Heart College	Melbourne Girls' Grammar
2010	Mentone Girls' School		Lauriston Girls' School	Gippsland Grammar	MLC
2009	Caulfield Grammar		Lauriston Girls' School	Genazzano	Geelong Grammar
2008	Melbourne Girls' College		Ballarat Clarendon	Genazzano	MLC
2007	Melbourne Girls' College		Ballarat Grammar	Firbank	MLC
2006	Melbourne Girls' College		Ballarat Grammar	Firbank	MLC
2005	MLC		Ballarat Grammar	Sacred Heart College	MLC
2004	Brighton Secondary College		Ballarat Grammar	Firbank	The Geelong College
2003	Lowther Hall		Ballarat Grammar	Loreto Mandeville Hall	The Geelong College
2002	Canterbury Girls SC		Ballarat Grammar	MLC	The Geelong College
2001	Canterbury Girls SC		Ballarat Grammar	Sacred Heart College	Geelong Grammar
2000	Strathmore High School		Lauriston Girls' School	Sacred Heart College	Geelong Grammar
1999	Strathmore High School		MLC	Genazzano	Geelong Grammar
1998	Strathmore High School		Lauriston Girls' School	MLC	Geelong Grammar
1997	Matthew Flinders		Geelong Grammar	MLC	Geelong Grammar
1996	Gippsland Grammar		Geelong Grammar	MLC	Geelong Grammar
1995	Firbank Grammar		Lauriston Girls' School	Genazzano	Geelong Grammar
1994	Toorak College		Lauriston Girls' School	Genazzano	Geelong Grammar
1993	Matthew Flinders		Lauriston Girls' School	Genazzano	Lauriston Girls' School
1992	Lauriston Girls' School		Geelong College		Genazzano
1991	Loreto Mandeville Hall		Geelong Grammar		MLC
1990	Lauriston Girls' School		Geelong Grammar		Wesley College
1989	No race		Morongo Girls' College		
1988	Lowther Hall		Geelong Grammar		
1987	Ballarat High		Wesley College		
1986	Ballarat High		Geelong Grammar		
1985	Ballarat High		MLC		

## Regatta Personnel

### Head of Schoolgirls' Regatta Committee

<b>President:</b>	Alison Henricus
<b>Vice-President:</b>	Jane Mitchell
<b>Secretary:</b>	Lucy Laussen
<b>Treasurer:</b>	Joe Moran
<b>Executive Officer:</b>	Martin Francis
<b>Committee Members:</b>	Michael Cornwall
	Tim Dolphin
	Connor McConville
	Steve Mollard
	Sophie Rigg
	Jack Steele
	Jon Trovas

<b>Event Manager</b>	Linda Skidmore
<b>Regatta Secretary</b>	Elizabeth Ballan & Laura Schouten

<b>Race Commentator</b>	Richard Dorrstein / Lynne Charge
-------------------------	----------------------------------

<b>President of the Jury</b>	Dave Grubits
------------------------------	--------------

<b>Boat Race Officials</b>	Glenn Bottrell
	Gavin Buckett
	Paul Diggerson
	Ashley Dillon
	Pollyanna Harvey
	Rene Klupacs
	Tony Lawless
	Ross Litchfield
	Celeste O'Keefe
	Basia Quill
	Alastair Shaw
	Kathryn Shields
	Justin Shumack
	Deborah Spring
	Stephen Spring
	Angelique Drew

Thank you to all Schools providing Level 1 Boat Race Officials.

<b>Rowing Victoria Staff:</b>	Elizabeth Ballan
	Adam Harrison
	Kieran Mair
	Delwyn Oliver
	Laura Schouten
	Linda Skidmore

## Special Acknowledgements

The Head of the Schoolgirls committee thanks the following for the contributions to this regatta.

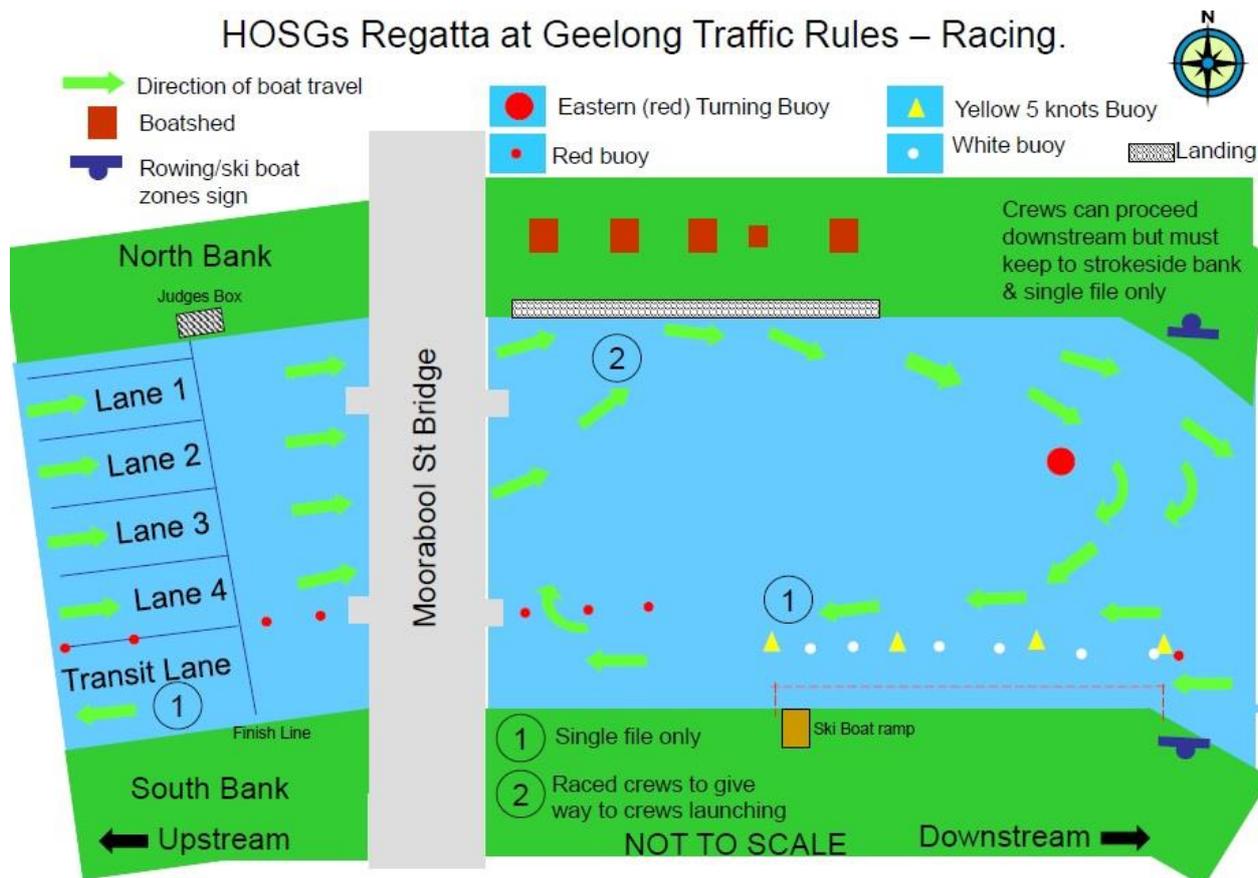
Lifesaving Victoria  
Barwon Rowing Club

Rowing Geelong  
Corio Bay Rowing Club

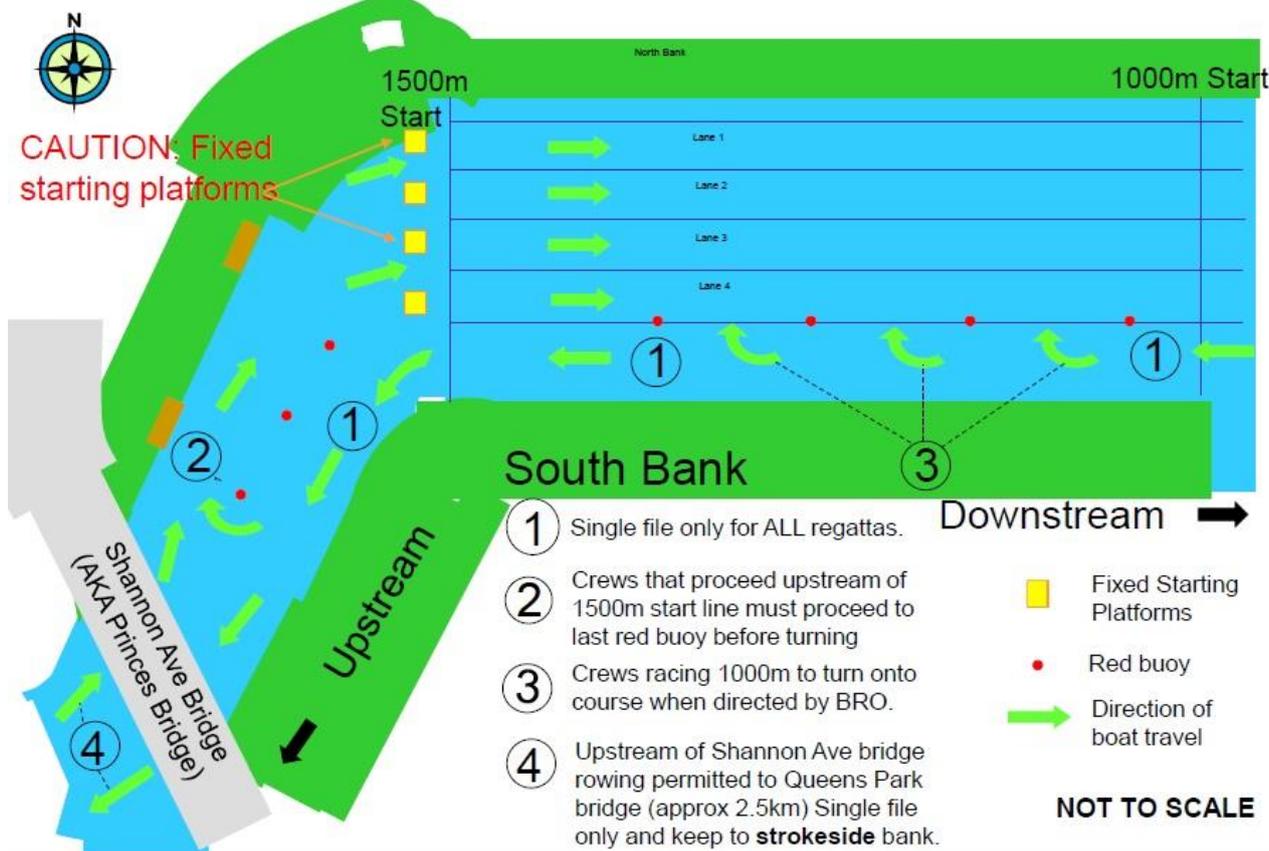
Corio Bay Lions Club  
Prestige Hire

A special thank you goes to Brian Digby.

## HOSGs Regatta at Geelong Traffic Rules – Racing.



## Traffic Rules Racing, Competition Area to Shannon Bridge + 100metres



## RULES FOR COMPETITORS HOSG 2025

These Rules are intended as a reminder or adjunct to the RV Rule Book. Where rules conflict, the RV Rules apply.

- 1. Punctual Starting.** Crews should be positioned behind the start area five minutes before the scheduled race start time.

*Rule 91. Late Arrival – The starter may award a Yellow Card to crews arriving late (less than 2 minutes before the start time) at their starting positions or not ready to race at the designated start time. He may exclude a crew arriving after the start time.*

- 2. Non Starter.** Non-starters must notify the Secretary of the Regatta in writing.

*Rule 20. Non-starters will be regarded as anyone who fails to notify the RV office of a withdrawal by email by 2.30pm on the last working day immediately preceding the regatta, if a regatta is not on a weekend, the RV office will advise the cutoff date for withdrawals.*

*Non-starters in any event who notify the Regatta Secretary or RV Office after the time mentioned in this law 22.1.1 - forfeiture of entrance fee and a fine set out in Appendix 13 of the RV Rules.*

*Crews or scullers who notify the RV Office of their withdrawal prior to the time mentioned in this law 22.1.1 - forfeiture of entrance fee.*

- 3. Substitutes:**

*Rule 39. The name of substitutes (including coxswains) must be notified not less than 1 hour before the advertised start time of a race to the Regatta Secretary. Failure to do so incurs a penalty set out in Appendix 13 of the RV Rules.*

- 4. Uniform**

*Each member of a Club or school competing in a RV Event shall wear the racing uniform of their Club or school and other garments which must all be identical in design and colour except for permitted sponsor identifications which shall nonetheless be identical colour within each crew. Except as provided for composite crews, members of the same crew shall compete in identically coloured clothing.*

- 5. Taking Opponents' Course.** Crews need to keep in their designated lane. They may be warned or stopped from rowing if they fail to do this.

*Rule 77. Responsibility of the Rowers. All rowers shall compete in their races in accordance with the rules. Rowers are responsible for their own steering. Each crew shall have a lane reserved for its own use and shall remain completely (i.e., including its oars or sculls) within this lane throughout the race. If a crew leaves its own lane then it does so at its own risk. If it impedes or interferes with any of its opponents or gains any advantage thereby, it may be penalised.*

- 6. Objections and Protests**

*Rule 76. Objections at the Start. A crew excluded or disqualified at the start may make an objection to the Umpire or the Starter at the time. The Umpire or the Starter shall decide immediately on the objection and shall communicate his decision to the crews in the race and to the other race officials.*

*Rule 82. Objections. A crew claiming that its race was not in order or was improperly judged may make an objection to the Umpire immediately after the finish of the race and before leaving the finish area by raising an arm. The Umpire of the race, or if no umpire was following the race the Judge at the Finish, decides on the objection and communicates his decision to the crews in the race and the other race officials.*

*Rule 78. Protests. A crew whose objection has been rejected or crews affected by the acceptance of the objection or crews disputing the published results may lodge a protest in writing to the President of the Jury not later than one hour after the Umpire has communicated his decision regarding objection, or in the case of disputing published results, one hour after the results have been published. It shall be accompanied by a deposit of four (4) penalty units or equivalent, which amount shall be refunded if the protest or appeal is allowed.*

*The Board of the Jury shall decide if the protest was justified. It will make its decision before the next round of races in the event concerned, and, in any case, no later than two hours after the last race of the day.*

- 7. Delays.** Races will not be held up for breakages or late arrivals.

8. **Safety Equipment.** Unsafe boats may not be put on the water. All boats shall have firmly fixed bow balls (unless the bow is manufactured so as to afford the same protection).

*Rule 33. The bows of all boats shall be fitted with a solid white ball shape, minimum diameter 4 cm. If this is an external part it shall be firmly affixed to the bow of the boat such that it does not significantly deflect if a side force is applied. If it is an integral part of the hull construction it shall afford equivalent protection and visibility.*

*Quick release foot stretchers - In all boats with the foot stretchers, shoes or other devices holding the feet of the rowers shall be a type which allow the rowers to get clear of the boat without delay in an emergency. Where shoes and other devices holding the feet will remain in the boat, each shoe or device shall be independently restrained such that when the heel reaches the horizontal position the foot will be released from the shoe. In addition, where laces, Velcro or similar materials, all such materials must be able to be released immediately with a single quick hand action of pulling on one easily accessible strap. Where shoes or other devices holding the feet will not remain in the boat, each shoe or device must be able to be released by the rower without using his hands or with a single quick hand action of pulling on one easily accessible strap or release device.*

9. **Coaching During Racing**

*Rule 74. Coaching During Racing. It is prohibited to give any instructions, advice or directions to rowers or crews that are racing with any electric, electronic or other technical device, either directly or indirectly.*

## Uniform List

School / Club Name	Colours
Albert Park College	Sky blue with dark blue side stripes with yellow. A yellow "A" on back
Ballarat Clarendon College	Black shorts, red top, gold side panels
Ballarat Grammar School	Royal blue with gold shoulder and side panels on top, large gold logo on back
Ballarat High School	Navy blue shorts, royal blue and navy blue striped V
Banks Rowing Club	Pink, navy bottom, club motif on front, letters 'Banks' in navy across back
Barwon Rowing Club	Thin blue and white hoops, blue shorts
Carey Grammar School	Black shorts, gold top, blue and gold triangle side panels
Carrum Rowing Club	Black with fluorescent green/yellow back and side panels
Caulfield Grammar School	Navy blue background, with two white hoops
Clonard College	Green with large maroon and small white horizontal stripes
Corio Bay Rowing Club	Purple, gold trimmings
Corowa Rowing Club	Bright red, black and white hoops
Damascus College	Navy, maroon and gold diagonal stripes
Essendon Rowing Club	Black, red sash
Fintona Girls' School	Navy and gold trimmings
Firbank Grammar School	Bright yellow with grey shorts
Footscray High School	Red, black shorts and trimming, grey and red side panels, white logo on back
Geelong Grammar School	Black shorts, light blue top
Genazzano FCJ College	Navy blue, white yoke, maroon & white horizontal stripes
Gippsland Grammar	Green with white & black diagonal stripes
Haileybury	Black with magenta side panels with gold stripe
Hamilton & Alexandra College	Navy blue with gold & maroon striped panels
Hawthorn Rowing Club	Blue and white hoops
Kardinia International College	Royal blue with burgundy side panels, school logo on centre of chest
Korowa Anglican Girls School	Charcoal grey suit with cherry red yoke and white/cherry red side stripes, white 'Korowa' across the back
Lauriston Girls' School	Navy suit, white side panels & trimmings, 'Lauriston' across back and side
Loreto Mandeville Hall Toorak	Hyacinth blue, white and yellow side panels
Loreto College - Ballarat	Gold with royal blue trim and bottom, fleur de lys crest on chest
Lowther Hall AGS	Light blue, yellow & dark blue curved stripes, 'Lowther Hall' on back
Melbourne Girls' College	Navy w purple, white & green horizontal stripes & crest
Melbourne Girls' Grammar School	Navy blue, white logo on chest & 'Melbourne' on back
Methodist Ladies' College	White, diagonal green stripe, black shorts
Nagambie Rowing Club	Royal blue, cardinal sash and trimmings
Presbyterian Ladies' College Melbourne	Navy and parer blue with horizontal yellow stripe across collarbone
Ruyton Girls' School	Navy shorts, white top with navy and gold side panels, emblem on centre of chest
Sacred Heart College - Geelong	Sky blue w navy blue divided by a white diagonal sash
St Catherine's School	Light blue, dark blue with yellow stripe & crest
Strathcona BGGs	Black front with pink back, with diagonal striped pattern
The Geelong College	Green with white and blue horizontal stripes, blue shorts
Toorak College	Navy blue with red band flanked two narrow yellow bands
Wesley College	Purple with gold lion

## 2025 Morongo Medallists

### *“Sint lucernae ardentes”*

Those girls who have competed in the Head of the Schoolgirls Regatta for three or more years, and are in year 12, are eligible to receive a Morongo Medal. These medals have been struck to commemorate Morongo Girls’ College’s contribution to the HOSG as a competitor before closing and to recognize its supporters’ club, the Chirnside Club, as a valued contributor to the Schoolgirls. The medal’s inscription is translated as “Keep the Lamp burning”. The medals are available from the Judges Tower, during the regatta. They are presented to each student by their school at a time of their choice. The eligible medallists are listed, and we congratulate them for their long standing participation.

Ballarat Clarendon College	Rose Bourke, Lucy Goodson, Juliette Grove, Ashlyn Lewis, Hannah McRoberts, Georgia Miller, Charlotte Peele, Bridgette Wise
Ballarat Grammar School	Addison Maxted, Sophie Collins, Matilda Lu, Daisy Sheehan, Maggie Tayler
Barwon Rowing Club	Eliza Jenkins, Violet McGregor, Daisy Dripps
Carey Grammar School	Ella Eagleton, Claire Munro, Genevieve Walters, Milla Xuereb
Caulfield Grammar School	Christina Anthony, Freya Arndt, Natalie Byrne, Camille Carlisle, Olivia Connolly, Audrey Elias, Rebecca Keon-Cohen, Grace Maskiell
Corowa Rowing Club	Sommers Hogan, Anastasia McFarlane, Imogen Tomlinson
Crimson Global Academy	Ariel van der Poll
Fintona Girls' School	Priyanka De Silva, Jessica Leung
Firbank Grammar School	Zoe Page, Amelie Grace, Ella Bailey, Josephine Fahey, Chloe Gall, Georgia Gobbo, Saskia Coleman, Sienna Thomas, Ana Gantzios, Sophia Lyons, Poppy Dalton-Morris
Footscray High School	Indiana Beattie
Genazzano FCJ College	Sophie Carter, Georgie Kerr, Madeleine Stewart, Kayla Colyer, Sophie Redman, Siena Wheeler, Chloe Behrens, Phoebe Houlihan, Willow O'Callaghan, Emma Whelan
Gippsland Grammar School	Lucy Hodges, April Harrison, Scarlett Tavasci
Haileybury	Imogen Aikman
Lowther Hall AGS	Erica Crevatin, Leyna Daalder, Leontine O'Brien, Zoe Peck, Diya Sehgal, Olivia Stambulic, Iida White, Grace White
Melbourne Girls Grammar School	Adelaide Bankes, Ava Mould, Cecilia Michael,, Emily Antonie, Emma Davies, Hayley Dunwoody, Holly Hockings, Lily Mohseni, Lucy Munro, Maddie Clifford, Meagan Barrow, Phoebe Paul, Ruby Lochhead, Samantha O'Keefe,
Methodist Ladies' College	Caroline Buckley, Alessia Calcagno, Georgie Dumbrell, Evelyn Ford, Maya Fordyce, Scarlett Herbert, Sierra McKechnie, Francesca Moore, Mia Patikkis, Amelie Rheinberger, Sofia Rodriguez Espinosa, Lucy Speed, Imogen Teal, Lauren Tresidder, Olivia White, Samantha White, Victoria Wilson, Eliza Wong
PLC Melbourne	Claire Aikman, Tahlia Vessey, Charlotte Lowe, Maya van Besouw
Ruyton Girls' School	Ruby Draper, Ravinda Goonesekera, Olivia Michelini, Millie Robinson, Cameron Sparrow, Amy Zheng
St. Catherine's	Sophia Perton, Zahra Hoban, Rachel Carton, Emma Hibbins, Catherine Ross, Chloe Barber, Milly Tulloch, Samantha Hine, Sophie Farrer, Mel Young, Isabelle Monahan, Grace McLaughlin
Strathcona Girls Grammar School	Ava Armstrong, Grace Beaton, Millie Beaton, Haley Bullen, Zoe Chen, Jessica Field, Olivia Giles, Leah Kitchin, Alice Molloy, Lauren Osborne, Maisie Permezal, Emma Pitkanen, Bailey Riddle, Charlotte Stolz, Sara Stone, Olivia Torney
The Geelong College	Hannah Dunton, Mackenzie Pugh, Emme Smith, Eva Chalmers, Stella Benson, Eliza Clancy, Ruby Jane-Roberts, Audrey Jansz, Molly Larsen, Madeline Bozinovski
Toorak College	Layla Purcell, Sophia Budzisz, Olivia Sartitsis, Joelle Castricum

## Progression through the 2025 HOSG Regatta

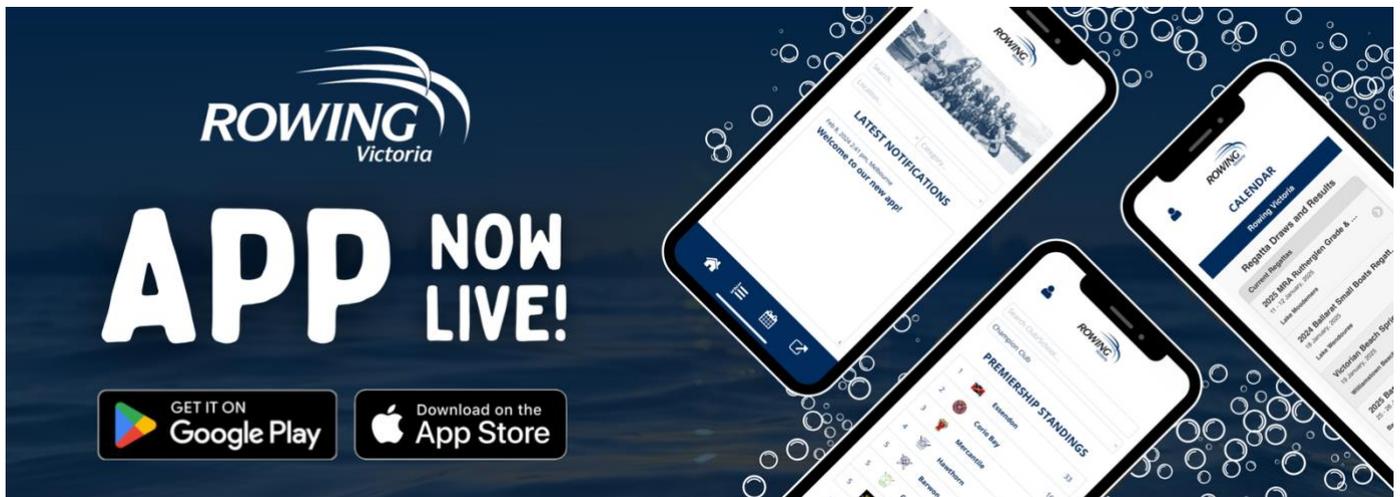
Progression through the 2025 Regatta will depend on the number of entries in the division.  
Please note that there is **no longer** separate progression systems for Year 9/10 events and Senior Events.

Entries	Heats	Progression	Repechages	Progression	Semis	Progression	Finals
2-3	1	All to Final	0		0		1
4	2	All to Final	0		0		1
5	2	1 <sup>st</sup> to Final Others to Rep.	1	1 <sup>st</sup> & 2 <sup>nd</sup> to Final Other eliminated	0		2
6	2	1 <sup>st</sup> to Final Others to Rep.	1	1 <sup>st</sup> & 2 <sup>nd</sup> to Final Others to B Final	0		2
7-8	2	1 <sup>st</sup> to Final Others to Rep.	2*	1 <sup>st</sup> to Final Others to B Final	0		2
9	4	1 <sup>st</sup> to Semifinal Others to Rep.	2**	Last to C Final Others to Semifinal	2	1 <sup>st</sup> & 2 <sup>nd</sup> to Final Others to B Final	3
10-12	4	1 <sup>st</sup> to Semifinal Others to Rep.	2**	1 <sup>st</sup> & 2 <sup>nd</sup> to Semifinal Others to C Final	2	1 <sup>st</sup> & 2 <sup>nd</sup> to Final Others to B Final	3
13	4	1 <sup>st</sup> to Semifinal Others to Rep.	4**	1 <sup>st</sup> to Semifinal Others to Semi CD	2	1 <sup>st</sup> & 2 <sup>nd</sup> to Final Others to B Final From Semi CD: 1 <sup>st</sup> to FC; 2 <sup>nd</sup> & 3 <sup>rd</sup> to FD	3
14-16	4	1 <sup>st</sup> to Semifinal Others to Rep.	4**	1 <sup>st</sup> to Semifinal 2nd to C Final 3rd to D Final	2	1 <sup>st</sup> & 2 <sup>nd</sup> to Final Others to B Final	4

## Race Schedule & Entry List

Up to date race schedules, draws, and results will be available online **LIVE** via:

- RV Live – App ([Apple](#) / [Google Play](#))
  - Stay up to date with regatta news and waterway conditions.
  - See where you and your club/school stand across a range of categories.
  - Live access to regatta schedules & race results.
  - Access additional information with a quick link to the RV website.
- [Computer browser](#)
- [Mobile browser](#)



For more updates, follow Rowing Victoria on social media!



## Glossary of Rowing Terminology

The following is a list of terminology used by coaches and rowers.

<i>Back checks</i>	The rear (bow) extremity of the slide
<i>Back turn</i>	The movement into, around, and away from the release of the blade
<i>Blade or spoon</i>	The end of the oar that goes in the water
<i>Bow Pair/four</i>	The rowers at the bow end of the boat
<i>Bow Side</i>	The rowers with oars on the right hand side of the boat
<i>Bowball</i>	Safety ball fitted to sharp stem of the boat
<i>Canvas</i>	Covered section of boat at bow and stern
<i>Catch</i>	The entry of the blade into the water
<i>Chop</i>	Waves created by windy conditions
<i>Cox Box</i>	The speaker system which a coxswain uses to communicate to the crew
<i>Coxswain</i>	Steers the boat from a seat in the stern or a lying position in the bow and also communicates to the crew during training and races
<i>Clearance</i>	Distance between the previous set of puddles, and the catch of the neet stroke
<i>Crab (to catch a ~)</i>	When the blade gets caught in the water and the handle jams against the body
<i>Dirty finish</i>	A term describing a badly executed release of water
<i>Draw</i>	The part of the stroke when the arms are in use
<i>Drive</i>	The part of the stroke when the legs and body are in use
<i>Feather</i>	Blades flat
<i>Finish</i>	The release of the blade from the water
<i>Front checks</i>	The front (stern) extremity of the slide
<i>Front turn</i>	The movement into, around, and away from the entry of the blade
<i>Gate</i>	The part of the swivel that opens, allowing the blade to be locked in
<i>Gunwale</i>	The top edge of the boat
<i>Length</i>	Refers to the length of the stroke from the catch to the finish
<i>Lock-up</i>	A term used to refer to the catch
<i>Puddle</i>	Swirl of water left after blade is removed at the end of the stroke
<i>Rating</i>	Strokes per minute
<i>Recovery</i>	The slide forward when the blades are out of the water
<i>Running start</i>	When the boats are not held at the start
<i>Shaft</i>	The part of the oar between the blade and the handle
<i>Sit the boat</i>	Crew to ensure that the boat is level
<i>Stroke side</i>	The rowers with oars on the left hand side of the boat
<i>Square</i>	Blades at 90° to the water
<i>Square up</i>	Movement from feather to square as the rower approaches the catch
<i>Stake boat</i>	The holding point for the held start at the regatta
<i>Stern pair/four</i>	The rowers at the stern end of the boat
<i>Stretcher</i>	Name for the footplate and shoes
<i>Swamp</i>	Boat has taken on so much water that it is not rowable
<i>Touch it</i>	Light stroke taken with arms only, usually to straighten the boat
<i>Wash</i>	Wake from another boat
<i>Wash out</i>	When the blade lifts out of the water before the end of the stroke
<i>Wind up</i>	Term used to refer to the buildup of rating in a race. Usually in a sprint

### Event Code - Key

FSCH	Female School	Y91	Year 9 Division 1
1X	Single Scull	Y92	Year 9 Division 2
2X	Double Scull	Y10	Year 10
4+	Coxed Four (Sweep)	O	Open (Senior)
4X+	Coxed Quad (Scull)		
8+	Coxed Eight (Sweep)		
Y9	Year 9		

