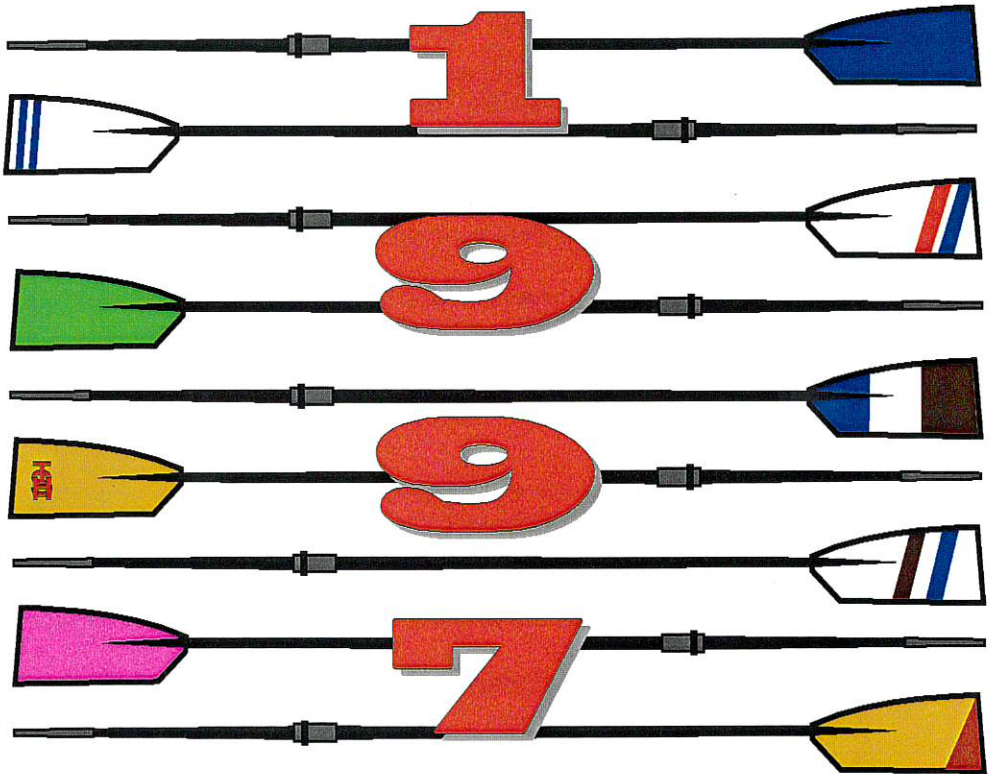


# BSRA

BRISBANE SCHOOLGIRLS' ROWING ASSOCIATION



## HEAD of the RIVER



**LAKE WIVENHOE  
30 AUGUST**

**Programme \$3.00**

**WELCOME  
FROM THE CHAIRMAN**



The Brisbane Schoolgirls Rowing Association and Rowing Queensland welcome guests, parents, friends and competitors to the 1997 "Head of the River".

Schoolgirl rowing continues to grow in popularity. In response, the BSRA has again expanded the program to accommodate this growth. In only 8 short years schoolgirl rowing has more than doubled in size, making it one of the most popular sports among member schools.

The "Head of the River" is the primary goal of every crews preparation. Today is the culmination of many months hard work for athletes, coaches and coordinators.

The lead up regattas this year have produced more competitive racing than ever across all schools. This has been evidenced by the wide spread of results and only one crew remaining unbeaten in the lead up regattas.

We look forward to an exciting day of racing which I am sure will be fought out in the same friendly rivalry and spirit that has been evidenced in the lead-up regattas.

We wish all competitors a successful and enjoyable regatta.

Damon Stokes  
Chairman

**Catering**

Today's fine food is supplied by Brisbane State High School. A wide range of Hot food, sandwiches, cakes and drinks are available from the catering tent.

**Merchandising**

A small number of Season Polo Shirts are on sale today. Be quick to secure your souvenir shirt from the St Margaret's merchandising tent. Only \$25 each.

Rowing Queensland are selling "Head of the River" shirts from the Castaways tent near the catering tent.

# HISTORY OF THE B.S.R.A



The Inaugural Schoolgirls' Head of the River was held on the Brisbane River on October the 13th 1990. The seven schools that competed were All Hallows', Brisbane State High School, St Aidan's, St Hilda's, St Margaret's, St Peter's and Somerville House. Sixteen events were competed that year and the Open Eight had three entries.

In 1991, the newly formed Brisbane Schoolgirls Rowing Association organised the Head of the River. By 1992, the number of entries in the Open 8+ had doubled to six.

1993 saw the dominance of Brisbane State High School and Somerville House in the Open 8+ broken for the first time. Brisbane Girls Grammar became the first school to win an Eight's race outside of State High and Somerville. Since then, two more schools have joined these ranks with St Margaret's and All Hallows having recorded wins in lead up regattas. This year saw the first presentation of the Grummitt family Trophy for Open First Eights and was presented to Brisbane State High School.

In 1994, the Head of the River Regatta was held for the first time on Lake Wivenhoe. Eleven schools competed that year.

In 1995, insufficient water at Lake Wivenhoe meant that the Head of the River was moved to Hinze Dam. 1995 also saw the beginning of a development plan to change younger crews across to Quad Sculls. This move was made to provide girls with a better technical and physiological development. This year also saw the first presentation of the Aggregate Trophy for the most successful school and was presented to Somerville House.

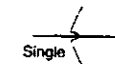
1996 saw the full implementation of the BSRA development plan with Year 8, Under 14 and 15 girls all competing in Quad Sculls. This has produced competitive and high quality racing across these groups. The inaugural presentation of the Percentage cup based on school population was made to Somerville House. All Hallows' achieved their first Head of the River victory in the First VIII, while St Margaret's won the the Aggregate cup for the first time.

In 1997, we see a further surge in the strength of Brisbane Schoolgirl Rowing with more events than ever and over 600 competitors in today's racing. The entries in the Open 1st VIII have tripled since the first year and many past and present competitors have gone on to successfully represent their State and Country.

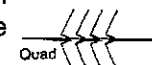
# A GUIDE TO ROWING



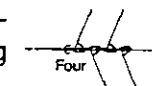
**1x Single Scull:** The smallest boat used. Rowed by one sculler using 2 oars (sometimes called sculls)



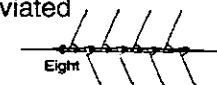
**4x Quadruple (Quad) Scull:** Four scullers each using 2 oars. In schoolgirl competition, this boat is coxed but at club and elite level is coxless.



**4+ Coxed Four:** Four rowers each using one oar. In school rowing this boat is always coxed. Sometimes abbreviated using Roman numerals as "IV".



**8+ Coxed Eight:** Eight rowers each using one oar. Traditionally the "Blue Ribbon" event of rowing. Sometimes abbreviated using Roman numerals as "VIII"



## What to look for in a good crew:

**Continuous motion.** Rowing should be a continuous and fluid motion.

**Synchronisation.** Rowers strive for perfect timing in all actions.

**Clean blade work.** Blades going in and out of the water should throw up as little water as possible. The spoon will be close to the water between strokes.

**Easy looking movement.** Good rowers will not look like they are working hard when they are racing.

## Race distances:

In Brisbane schoolgirl competition, distances raced are:  
Eights - 2000m  
Fours, Quads and Singles - 1000m

In still weather conditions, Schoolgirl Eights will cover the distance in sub-seven minutes. Age group Single sculls, Fours and Quads will vary between about 3 minutes and 30 seconds to about 4 minutes and 30 seconds for the 1000m distance.



Cleaver Sculling Oar



Cleaver Rowing Oar



Macon Rowing Oar

## Oars

Oars currently in use are a fibre-glass/carbon fibre construction. They are either symmetrical or assymetrical in shape. Sculling oars are shorter and have a smaller "spoon" area.

**ROWING  
QUEENSLAND INC  
IS PROUDLY  
SUPPORTED BY**



**MARKETERS OF FAMOUS  
CASTAWAY PRODUCTS TO THE  
DISPOSABLE PACKAGING INDUSTRY**

**WE WISH ALL SCHOOLGIRL  
COMPETITORS THE BEST OF ROWING  
TODAY IN THE 1997 HEAD OF THE  
RIVER**

**REGATTA  
OFFICIALS**



**Starter:** Mr Roy Hinchy  
**Aligner:** Mr Malcolm Price  
**Judges:** Mrs Trish Burton, Mr Roger Karrasch  
**Umpires:** Mr Peter Huggett, Mr Tony Levick  
**Regatta Chairman:** Mr Wayne Diplock

**Withdrawals**

**Please note Regatta By - Law 19**

If a crew desires to withdraw from a race, notice thereof shall be given by the BSRA school delegate of the school concerned, not later than 30 minutes before the starting time of the race, to the Regatta Chairman who shall record such withdrawal.

**Substitutions**

**Please note Regatta By - Law 28(b)**

Notice of any substitution shall be given by the BSRA school delegate of the school concerned, not later than 30 minutes before the starting time of the race, to the Regatta Chairman who shall record such substitutions.

**Protests**

1. Except in unavoidable circumstances, a crew claiming that its race has been improperly run must make its protest to the umpire immediately after the finish of the race and before getting out of the boat. The umpire will then notify the regatta referee, judges and Appeals Committee of the protest.
2. The BSRA school delegate of such crew shall confirm any such protest in writing to the Appeals Committee within 30 minutes of the completion of the race concerned setting out the reasons for the protest and lodging the sum of \$20 with the committee.
3. The Appeals Committee in consultation with the race umpire concerned shall decide if the protest was justified and shall announce its decision not later than one hour after the last race of the day.
4. Following the announcement of the decision of the Appeals Committee **NO FURTHER PROTESTS WITH RESPECT TO THIS EVENT WILL BE PERMITTED.** All money lodged on account of the protest shall be refunded if the protest is upheld.

**Notes:**

- Lane No 1 is closest to the spectator side of the lake
- All crews must display Rowing Queensland approved bow numbers
- All crews must be in the starters control 5 minutes prior to the scheduled start time of the event.
- Power boats other than official regatta boats are not permitted on the lake from 9.30am to the conclusion of the regatta

# COMPETING SCHOOLS



**All Hallows School** All H  
White and Blue



**Brisbane Girls Grammar School** BGGS  
White with Royal Blue trim



**Brisbane State High School** BSHS  
Cerise and Blue



**Somerville House** SOM  
Green and Blue



**St Aidan's Anglican Girls School** St A  
Brown and White



**St Hilda's School** St H  
Navy, Red and Gold



**St Margaret's Anglican Girls School** St M  
White and Brown



**St Peter's Lutheran College** SPLC  
Maroon and White



**Stuartholme School** STU  
Red and Yellow

# SCHEDULE OF ACTIVITIES



			<u>Lane</u>								
			1	2	3	4	5	6	7	8	9
1	10:00 AM	Year 10 Quad Div. 4	BSHS	STU	ST A.	SOM	BGGS	ALL H.	ST M.	STU	ST M.
2	10:10 AM	Year 10 Quad Div. 2	SPLC	BSHS	ALL H.	STU	BGGS	ST H.	SOM	ST M.	ST A.
3	10:20 AM	Year 11 Four Div. 2		ALL H.	SOM	ST M.	BGGS	ST H.	STU		
4	10:30 AM	Year 11 Four Div. 4				BGGS	SOM	ST M.			
5	10:40 AM	Year 10 Quad Div. 3	SOM	STU	BGGS	ST M.	ALL H.	BSHS	ST H.	ST A.	
6	10:50 AM	Year 10 Quad Div. 1	SOM	ALL H.	BGGS	SPLC	ST A.	ST M.	BSHS	ST H.	STU
7	11:00 AM	Year 11 Four Div. 1	ALL H.	ST M.	SOM	ST H.	BGGS	STU	SPLC	ST A.	
8	11:10 AM	Year 11 Four Div. 3			ALL H.	STU	SOM	BGGS	ST M.		
9	11:20 AM	Year 8 Quad Div. 6			ST M.	BGGS	SOM	SOM			
10	11:30 AM	Year 8 Quad Div. 3		ST H.	BGGS	ALL H.	SOM	ST M.	ST A.	BSHS	
11	11:40 AM	Open Four Div. 2			ALL H.	SOM	ST M.	BGGS	BSHS		
12	11:50 AM	Open Four Div. 3			ST M.	BSHS	ALL H.	BGGS	SOM		
13	12:00 PM	Year 8 Quad Div. 5			BGGS	ALL H.	SOM	ST M.	ST H.	SOM	
14	12:10 PM	Year 8 Quad Div. 2		SOM	ST H.	ST A.	ST M.	BGGS	ALL H.	BSHS	
15	12:20 PM	Open Four Div. 1	SPLC	BSHS	ST M.	STU	SOM	ST H.	BGGS	ALL H.	ST A.
16	12:30 PM	Year 9 Single Scull	STU	ALL H.	SPLC	BSHS	ST H.	SOM	ST M.	BGGS	ST A.
17	12:40 PM	Year 8 Quad Div. 4		SOM	ST M.	BSHS	BGGS	ST H.	ALL H.		
18	12:50 PM	Year 8 Quad Div. 1	ST M.	SPLC	SOM	ALL H.	BSHS	ST H.	BGGS	ST A.	
19	1:00 PM	Year 11 Single Scull	SOM	ALL H.	ST H.	BGGS	ST A.	BSHS	SPLC	ST M.	STU
20	1:10 PM	Open Single Scull	BGGS	BSHS	STU	ST M.	ST H.	SPLC	SOM	ALL H.	ST A.
21	1:20 PM	Year 9 Quad Div. 6		SOM	ST M.	ST M.	BGGS	ALL H.	SOM	ST H.	
22	1:30 PM	Year 9 Quad Div. 3	SPLC	SOM	ST H.	BGGS	ST A.	ST M.	ALL H.	STU	
23	1:40 PM	Year 10 Single Scull	BSHS	ST H.	STU	BGGS	ST M.	ST A.	SPLC	ALL H.	SOM
24	1:50 PM	Open 2nd Eight		ST A.	ALL H.	ST M.	STU	BGGS	SOM		
25	2:00 PM	Year 9 Quad Div. 5		ST M.	ST H.	SOM	BGGS	ST A.	ALL H.		
26	2:10 PM	Year 9 Quad Div. 2	ST H.	SOM	ALL H.	ST M.	STU	BGGS	ST A.	SPLC	BSHS
27	2:20 PM	Year 8 Single Scull	ST M.	ST A.	BGGS	BSHS	SOM	ST H.	ALL H.	SPLC	
28	2:30 PM	Past Students Four	ST A.	SOM	ALL H.	SPLC	ST M.	BSHS	BGGS		
29	2:40 PM	Year 9 Quad Div. 4	SOM	ST A.	BGGS	SPLC	STU	ST M.	ALL H.	ST H.	
30	2:50 PM	Year 9 Quad Div. 1	BSHS	ST A.	ST M.	SOM	ST H.	ALL H.	BGGS	SPLC	STU
31	3:00 PM	Open 1st Eight	SOM	STU	BSHS	ST M.	ALL H.	ST H.	BGGS	ST A.	













**Event 31.**

**3.00pm**

**Open 1st Eight**

**Winner Last Year: All Hallows'**

1 2 3 4 5 6 7 8 9

Bow	SOM	STU	BSHS	ST M.	ALL H.	ST H.	BGGS	ST A
Two	M Early	N Williams	M Geddes	N Rogers	E Doolbi	E Gilbertson	N Searle	C Baker
Three	R Cockrell	E Battie	E Enright	P Morrow	M Houston	R Barrow	K Meynink	E Rose
Four	B Brown	E Macgregor	A Jackson	A Moran	G Rodney	C Faes	S O'Rourke	R Page
Five	K Duce	L Auld	J. Eiseemann	W. Falkenhagen	R. Callanan	R. Bobot	J. Addis	N Kuth
Six	G Townsend	A Martin	K Daley	K McLean	S Bridges	S Mengler	S Healey	G Elliott
Seven	H Cameron	P Beatty	J. Marler	S. North	D Pickersgill	V De Groot	A Craig	R Clatke
Stroke	K Polson	L Richards	M Andrews	S. Anderson	A Graham	S. Mac Donald	A. Wehi	J Bowser
Coxswain	A Clackson	K Mercer	J. Stumer	L. Covacevich	A. Tyszkiewicz	M Lemon	K Fleicher	K Ryan
Coach	A Hsu	J Muir-McCarey	T Perovai	S. Horsely	C D'Alleno	S. Madrers	S Finch	M Collie
Coach	C Guimitt	T Juratowitch	J Kubale	D. Stokes	P Howard	A Duwall	P McKellar	G Pearson
Coach	C Raven	C Baker	M. Baker	C. A. Elliot	E Kassulke	E Kassulke	L. Bakla	
Placing								

**History of the Open 1st VIII**

1990	1st	Somerville House	2nd	St Margaret's	3rd	Brisbane State High
1991	Somerville House	Brisbane State High	Somerville House	All Hallows' School	Somerville House	Brisbane State High
1992	Brisbane State High	Brisbane Girls Grammar	Brisbane State High	All Hallows' School	Brisbane State High	Brisbane State High
1993	Brisbane State High	St Margaret's	Somerville House			
1994	Somerville House					
1995	Somerville House					
1996	All Hallows' School					

**PRESENTATIONS**



Trophies, Pennants and Certificates will be presented near the judging tower at the completion of the racing.

**Prizes to be presented today:**

**Aggregate Cup:**

Awarded to the school with the best overall performance. The school with the most number of points accumulated by the completion of racing will win this trophy. Points are allocated from first to last place. Therefore, competing and finishing last will still benefit the points tally of the school.

**Percentage Cup:**

Presented to the school with the largest number of points per head of school population. The aggregate points total is divided by the number of year 8 to 12 female students in the school.

**Grummitt family trophy for Open First VIII's:**

This trophy is presented to the winner of the Open First VIII's race.

**Pennants:**

These will be presented to all winning crews and coaches.

**Certificates:**

2nd and 3rd placed crews and coaches will all receive certificates.

**Special Thanks**

To all Life members and special guests who will present these awards today.

# **ACKNOWLEDGMENTS**



The Brisbane Schoolgirls' Rowing Association acknowledges the following organisations and individuals for their contribution to schoolgirl rowing throughout 1997 and this regatta.

South East Queensland Water Board

•

Rowing Queensland

•

Queensland Boat Race Officials

•

Mr Wayne Diplock

•

Mr Ben Tidey

•

Mr Ray Ebert

•

Mr Ray Cross, Mr Rob McNeill, Mr Rod Tiley

•

Mr Cliff Slawson

•

Time Keepers - Supplied by Somerville House

•

Bennett and Francis

•

Adrian Davis - Kwik Kopy

•

Trophy, Pennant and Certificate Presenters

•

The Coaches

•

The Parents and Supporters

BRISBANE SCHOOLGIRLS' ROWING ASSOCIATION

