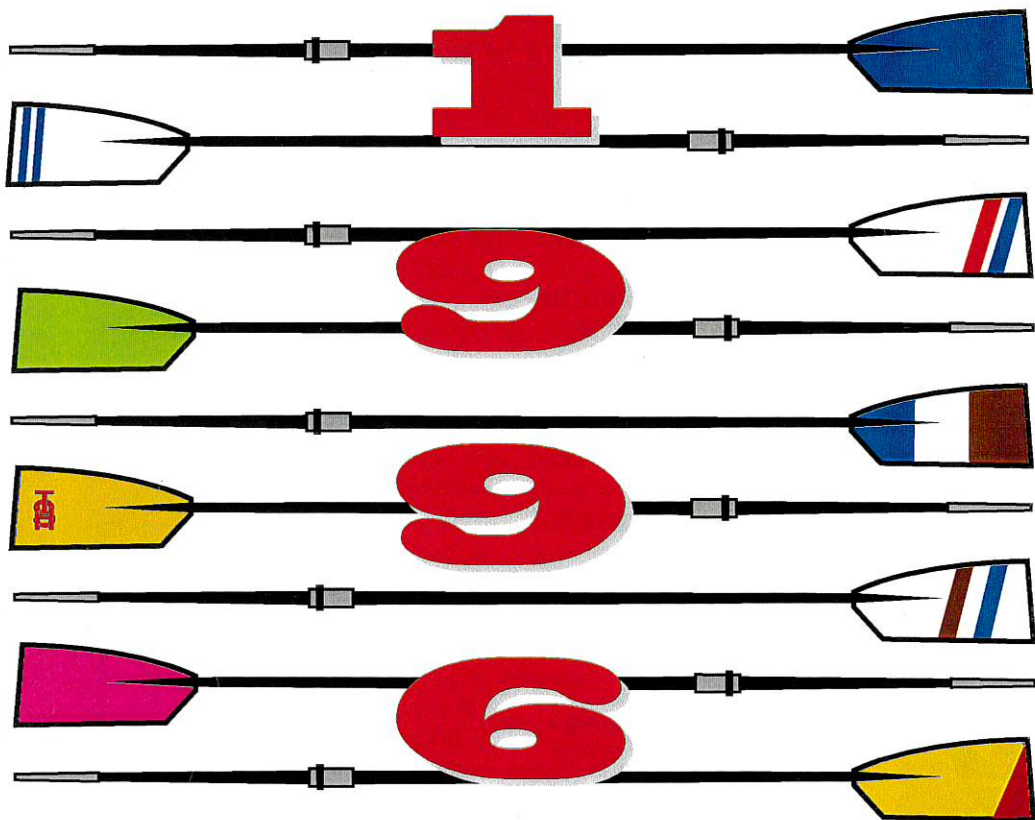


BSRA

BRISBANE SCHOOLGIRLS' ROWING ASSOCIATION



HEAD of the RIVER



**LAKE WIVENHOE
14 SEPTEMBER**

Programme \$3.00

COMPETING SCHOOLS



All Hallows School
White and Blue

All H



Brisbane Girls Grammar School
White with Royal Blue trim

BGGS



Brisbane State High School
Cerise and Blue

BSHS



Somerville House
Green and Blue

SOM



St Aidan's Anglican Girls School
Brown and White

St A



St Hilda's School
Navy, Red and Gold

St H



St Margaret's Anglican Girls School
White and Brown

St M



St Peter's Lutheran College
Maroon and White

SPLC



Stuartholme School
Red and Yellow

STU

WELCOME FROM THE CHAIRMAN



The Brisbane Schoolgirls Rowing Association and Rowing Queensland welcome guests, parents, friends and competitors to the 1996 "Head of the River".

As I glance through the crew lists in this program, I am delighted to see so many instances of parents, older brothers and sisters coaching their daughter or sister. Furthermore, I see that many families have more than one daughter rowing this year. I also recognise many coaches who were themselves products of the Brisbane Schoolgirls Rowing Association competition. This exemplifies the community nature of our sport.

We look forward to an exciting day of racing which I am sure will be fought out in the same friendly rivalry and spirit that has been evidenced in the lead-up regattas.

The "Head of the River" is the primary goal of every crews preparation. Today is the culmination of many months hard work for athletes, coaches and coordinators.

In all my years of involvement in schoolgirl rowing, I have not seen such high quality rowing and intense competition as has been demonstrated in this seasons lead-up regattas and which will be on display today.

We wish all competitors a successful and enjoyable regatta.

Damon Stokes
Chairman

Catering

Today's fine food is supplied by Stuartholme School and Commercial Rowing Club. Food and beverages on offer includes:

- Sandwiches
- Cakes and sweets
- Hot Food
- Tea and Coffee
- Soft Drinks and Sports Drinks

Merchandising

Head of the River Merchandise is supplied by Somerville House Rowing and includes a large range of T-shirts and shorts.

HISTORY OF THE B.S.R.A



The Inaugural Schoolgirls' Head of the River was held on the Brisbane River on October the 13th 1990. The seven schools that competed were All Hallows', Brisbane State High School, St Aidan's, St Hilda's, St Margaret's, St Peter's and Somerville House. Sixteen events were competed that year and the Open Eight had three entries.

In 1991, the newly formed Brisbane Schoolgirls Rowing Association organised the Head of the River. By 1992, the number of entries in the Open 8+ had doubled to six.

1993 saw the dominance of Brisbane State High School and Somerville House in the Open 8+ broken for the first time. Brisbane Girls Grammar became the first school to win an Eight's race outside of State High and Somerville. Since then, two more schools have joined these ranks with St Margaret's and All Hallows having recorded wins in lead up regattas. This year saw the first presentation of the Grummitt family Trophy for Open First Eights and was presented to Brisbane State High School.

In 1994, the Head of the River Regatta was held for the first time on Lake Wivenhoe. Eleven schools competed that year.

In 1995, insufficient water at Lake Wivenhoe meant that the Head of the River was moved to Hinze Dam. 1995 also saw the beginning of a development plan to change younger crews across to Quad Sculls. This move was made to provide girls with a better technical and physiological development. This year also saw the first presentation of the Aggregate Trophy for the most successful school and was presented to Somerville House.

In 1996, we see a further surge in the strength of Brisbane Schoolgirl Rowing with more events than ever and over 600 competitors in today's racing. The entries in the Open 1st VIII have tripled since the first year and many past and present competitors have gone on to successfully represent their State and Country.

A GUIDE TO ROWING



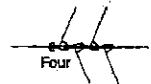
1x Single Scull: The smallest boat used. Rowed by one sculler using 2 oars (sometimes called sculls)



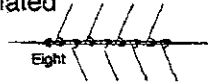
4x Quadruple (Quad) Scull: Four scullers each using 2 oars. In schoolgirl competition, this boat is coxed but at club and elite level is coxless.



4+ Coxed Four: Four rowers each using one oar. In school rowing this boat is always coxed. Sometimes abbreviated using Roman numeral as "IV".



8+ Coxed Eight: Eight rowers each using one oar. Traditionally the "Blue Ribbon" event of rowing. Sometimes abbreviated using Roman numerals as "VIII".



What to look for in a good crew:

Continuous motion. Rowing should be a continuous and fluid motion.

Synchronisation. Rowers strive for perfect timing in all actions.

Clean blade work. Blades going in and out of the water should throw up as little water as possible. The spoon will be close to the water between strokes.

Easy looking movement. Good rowers will not look like they are working hard when they are racing.

Race distances:

In Brisbane schoolgirl competition, distances raced are:

Eights - 2000m

Fours, Quads and Singles - 1000m

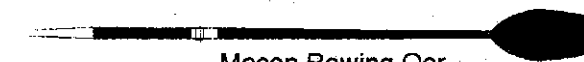
In still weather conditions, Schoolgirl Eights will cover the distance in sub-seven minutes. Age group Single sculls, Fours and Quads will vary between about 3 minutes and 30 seconds to about 4 minutes and 30 seconds for the 1000m distance.



Cleaver Sculling Oar



Cleaver Rowing Oar



Macon Rowing Oar

Oars

Oars currently in use are a fibre-glass/carbon fibre construction. They are either symmetrical or asymmetrical in shape. Sculling oars are shorter and have a smaller "spoon" area.

REGATTA OFFICIALS



Starter: Mr Tony Levick
Alligner: Mr Chris Lyndon
Judges: Mrs Trish Burton, Mr Rob Hollingsworth
Umpires: Mr Noel Clarke, Mr Roger Karrasch, Mr Doug Bubach
Referee: Mr Peter Huggett
Regatta Chairman: Mr Wayne Diplock
Appeals Committee: Mr Peter Huggett, Mr John Bowes, Mr Terry Mulligan

Withdrawals

Please note Regatta By - Law 19

If a crew desires to withdraw from a race, notice thereof shall be given by the BSRA school delegate of the school concerned, not later than 30 minutes before the starting time of the race, to the Regatta Chairman who shall record such withdrawal.

Substitutions

Please note Regatta By - Law 28(b)

Notice of any substitution shall be given by the BSRA school delegate of the school concerned, not later than 30 minutes before the starting time of the race, to the Regatta Chairman who shall record such substitutions.

Protests

1. Except in unavoidable circumstances, a crew claiming that its race has been improperly run must make its protest to the umpire immediately after the finish of the race and before getting out of the boat. The umpire will then notify the regatta referee, judges and Appeals Committee of the protest.
2. The BSRA school delegate of such crew shall confirm any such protest in writing to the Appeals Committee within 30 minutes of the completion of the race concerned setting out the reasons for the protest and lodging the sum of \$20 with the committee.
3. The Appeals Committee in consultation with the race umpire concerned shall decide if the protest was justified and shall announce its decision not later than one hour after the last race of the day.
4. Following the announcement of the decision of the Appeals Committee **NO FURTHER PROTESTS WITH RESPECT TO THIS EVENT WILL BE PERMITTED.** All money lodged on account of the protest shall be refunded if the protest is upheld.

Notes:

- Lane No 1 is closest to the spectator side of the lake
- All crews must display Rowing Queensland approved bow numbers
- All crews must be in the starters control 5 minutes prior to the scheduled start time of the event.
- Power boats other than official regatta boats are not permitted on the lake from 9.30am to the conclusion of the regatta

SCHEDULE OF ACTIVITIES



9.15am Rowing Course is closed. No training may take place after this time.
 9.30am Meeting of all Coxswains at the judging tower.

| No. | Time | Distance | Event | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
|-----|-------|----------|--------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 1 | 10.30 | 1000m | Yr 8 Quad Div. 5 | | SOM | ST M | ST M | BGGS | ALL H | ALL H | SOM | |
| 2 | 10.40 | 1000m | Open Four Div. 3 | | ST M | SOM | BSHS | BSHS | BGGS | | | |
| 3 | 10.50 | 1000m | Open Four Div. 2 | | ST A | BSHS | ST M | SOM | ALL H | BGGS | | |
| 4 | 11.00 | 1000m | U14 Quad Div. 5 | | ALL H | ST M | SOM | | | | | |
| 5 | 11.10 | 1000m | Open Four Div. 1 | BGGS | ALL H | BSHS | SPLC | ST A | SOM | ST M | STU | ST H |
| 6 | 11.20 | 1000m | Year 8 Quad Div. 4 | | SOM | BGGS | ST M | ALL H | ST H | ST A | | |
| 7 | 11.30 | 1000m | Year 8 Quad Div. 3 | | ST A | BGGS | SOM | SPLC | ST M | ST H | ALL H | |
| 8 | 11.40 | 1000m | U15 Single | BSHS | ST H | BGGS | SPLC | ST M | STU | ALL H | SOM | |
| 9 | 11.50 | 1000m | Year 8 Quad Div. 2 | BSHS | SPLC | SOM | ALL H | ST M | ST H | ST A | BGGS | |
| 10 | 12.00 | 1000m | Year 8 Quad Div. 1 | SOM | ST H | ST A | ALL H | ST M | BSHS | BGGS | SPLC | |
| 11 | 12.10 | 1000m | U16 Four Div. 4 | | SOM | ST M | | | | | | |
| 12 | 12.20 | 1000m | U16 Four Div. 3 | | SOM | BGGS | ALL H | ST M | | | | |
| 13 | 12.30 | 1000m | U14 Single | ST M | BGGS | SPLC | ST A | ST H | STU | SOM | BSHS | ALL H |
| 14 | 12.40 | 1000m | U16 Four Div. 2 | | STU | ALL H | BGGS | ST A | ST M | SPLC | SOM | |
| 15 | 12.50 | 1000m | U16 Four Div. 1 | ST A | BGGS | STU | ALL H | ST H | SPLC | BSHS | SOM | ST M |
| 16 | 1.00 | 1000m | U15 Quad Div. 4 | | SOM | STU | ST M | BGGS | ST M | ALL H | ST H | |
| 17 | 1.10 | 1000m | U15 Quad Div. 3 | | STU | ST A | ALL H | SOM | ST M | ST H | BGGS | |
| 18 | 1.20 | 1000m | Open Single | | STU | ST H | SOM | ST M | SPLC | BGGS | BSHS | |
| 19 | 1.30 | 1000m | U15 Quad Div. 2 | ST M | BGGS | ALL H | ST A | STU | SPLC | SOM | ST H | |
| 20 | 1.40 | 1000m | U15 Quad Div. 1 | SOM | ST M | ST A | STU | ST H | SPLC | BSHS | BGGS | ALL H |
| 21 | 1.50 | 1000m | Under 16 Single | | ST H | SOM | BSHS | STU | ST M | BGGS | SPLC | |
| 22 | 2.00 | 2000M | Open 2nd VIII | | ALL H | BSHS | ST M | ST A | SOM | BGGS | | |
| 23 | 2.10 | 1000m | U14 Quad Div. 4 | | ST A | STU | SOM | ALL H | BSHS | BGGS | ST M | |
| 24 | 2.20 | 1000m | U14 Quad Div. 3 | | ALL H | BGGS | ST M | SOM | STU | BSHS | ST A | |
| 25 | 2.30 | 1000m | Year 8 Single | BSHS | ST M | ALL H | ST H | SPLC | ST A | BGGS | SOM | |
| 26 | 2.40 | 1000m | U14 Quad Div. 2 | STU | ST M | BGGS | SPLC | ST H | SOM | ST A | ALL H | BSHS |
| 27 | 2.50 | 1000m | U14 Quad Div. 1 | BSHS | ST A | SPLC | BGGS | STU | ST M | ALL H | ST H | SOM |
| 28 | 3.00 | 2000M | Open 1st VIII | ALL H | SPLC | STU | BGGS | ST A | SOM | ST H | ST M | BSHS |

Presentation of Pennants and Certificates will take place near the judging tower, immediately after the last race.

Event 25. 2.30pm**Year 8 Single Scull****Winner Last Year: Somerville House**

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
|---------|------|------------|----------|-----------|-------------------|-------------|------------|----------|---|
| | BSHS | STM | ALL H | ST H | SPLC | ST A | BGGS | SOM | |
| Sculler | | S. Minuzzo | R. Bliss | J. Clarke | F. Saxon-Campbell | V. Schulte | C. Mak | R. Pitt | |
| Coach | | A. Spring | J. Bliss | | J. Driver | H. Paterson | K. Conomos | C. White | |
| Coach | | C. Slawson | | | | | | | |

| | | | | | | | | | |
|---------|--|--|--|--|--|--|--|--|--|
| Placing | | | | | | | | | |
|---------|--|--|--|--|--|--|--|--|--|

Event 26. 2.40pm**Under 14 Quad Div. 2****Winner Last Year: Event not rowed**

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
|----------|--------------|-------------|--------------|--------------------|--------------------|----------------|-------------|--------------|--------------|
| | STU | STM | BGGS | SPLC | ST H | SOM | ST A | ALL H | BSHS |
| Bow | S. Phillips | L. Webb | S. Baker | L. Duff-Richardson | C. Grenenger-Quinn | K. Revie | R. Condos | C. Crawford | C. Brewer |
| Two | E. Doneley | S. Wallace | A. Williams | R. Hollier | S. D'Almeida | G. Robinson | T. Guinness | A. Vedelago | J. Meyer |
| Three | N. Patch | M. Buttle | P. Shaw | M. Daiga | K. Allison | L. Bird | K. Poulter | J. Vallyelly | J. Perkins |
| Stroke | N. Bone | S. Winborne | S. Reinhardt | G. Staines | K. Lund | H. Preston | L. Barnard | A. O'Meara | H. West |
| Coxswain | K. McSweeney | A. McLeod | G. Dale | M. Haire | C. Snodgrass | S. Thompson | J. Russell | S. Sellars | A. Whitfield |
| Coach | I. Birchall | C. Robey | M. Smont | A. Blums | C. Faes | S. Shakespeare | C. Monaghan | J. Lawson | B. Sole |
| Coach | | | | | | | | | |

| | | | | | | | | | |
|---------|--|--|--|--|--|--|--|--|--|
| Placing | | | | | | | | | |
|---------|--|--|--|--|--|--|--|--|--|

Event 27. 2.50pm**Under 14 Quad Div. 1****Winner Last Year: Event not rowed**

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
|----------|-------------|------------|--------------|--------------|-------------|-------------|--------------|------------|----------------|
| | BSHS | ST A | SPLC | BGGS | STU | STM | ALL H | ST H | SOM |
| Bow | M. Thornley | A. Hawkins | C. Burton | H. Conrad | A. Tynan | Y. Asakawa | A. Beh | A. Darvall | B. Harris |
| Two | G. Ballard | R. Page | J. Manlpeg | C. Alexander | R. Cooksley | R. Stevens | J. Callanan | M. Kidd | K. Duce |
| Three | P. Rambert | P. Davis | J. Kroon | T. Godfrey | E. Barclay | K. McLean | R. Carmody | J. Douglas | F. Fraser |
| Stroke | C. Jackson | J. Bowser | J. Young | A. Campbell | J. Burt | K. Matthews | A. Milanovic | K. Lowe | K. Polsen |
| Coxswain | L. Geddes | M. Collie | C. Centowski | A. Sivyver | S. Tucker | A. Archer | S. Cavanagh | J. Bailey | J. Graham |
| Coach | T. Kanaris | A. Ward | M. Takken | T. Conrad | C. Raven | L. Sampson | P. Callanan | C. Faes | P. Bourguignon |
| Coach | | | | | | | | | |

| | | | | | | | | | |
|---------|--|--|--|--|--|--|--|--|--|
| Placing | | | | | | | | | |
|---------|--|--|--|--|--|--|--|--|--|

History of the Open 1st VIII

| | 1st | 2nd | 3rd |
|------|---------------------|------------------------|---------------------|
| 1990 | Somerville House | St Margaret's | Brisbane State High |
| 1991 | Somerville House | Brisbane State High | St Margaret's |
| 1992 | Brisbane State High | Somerville House | All Hallows |
| 1993 | Brisbane State High | Brisbane Girls Grammar | Somerville House |
| 1994 | Somerville House | Brisbane State High | All Hallows |
| 1995 | Somerville House | St Margaret's | Brisbane State High |

Event 28. 3.30pm

Open 1st Eight

Winner Last Year: Somerville House

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
|-----------------|--------------------|--------------------|--------------------|----------------------|----------------|--------------------|-----------------|------------------|---------------------|
| Bow | ALL H E. Dolibi | SPLC S. Birch | STU S. Richards | BGGS K. Thelander | STA K. Ryan | SOM A. Clarkson | STH M. Jones | STM N. Curley | BSHS S. Dunstair |
| Two | K. Preston | K. Florian | A. Martin | N. Searle | D. Thomas | M. Greenwood | K. O'Shea | E. Shannon | C. Perkins |
| Three | L. Viewers | K. Patterson | O. Birchall | A. Wehl | S. Potts | G. Townsend | S. McDonald | A. Martyn | R. Moffat |
| Four | A. Graham | J. Wait | L. Auld | B. Shaw | G. Elliott | R. Cockrell | G. Lyons | S. North | J. Marler |
| Five | E. Preston | L. Medley | K. Maloney | H. Trueman | K. Scott | K. Robertson | E. Dixon | S. Cooper | M. Andrews |
| Six | D. Pickersgill | M. Scaturchio | L. Davies | D. Shellshear | C. Bennett | D. Cox | S. Macgill | A. Noble | J. Stumer |
| Seven | A. Tyskiewicz | A. Burguez | K. Mercer | A. Craig | L. Tamaschke | H. Dodd | P. Schwarz | S. Anderson | J. McKell |
| Stroke | J. Harse | H. Wregg | A. Hart | K. Fletcher | S. Rowell | B. Brown | B. Holland | L. Covacevich | V. Whitehead |
| Coxswain | P. Howe | R. Kingsford-Smith | R. Raven | G. Belot | K. Goodwin | C. Everett | S. Maderers | C. Barry | C. Gowlett |
| Coach | P. Howard | J. Sargeant | T. Juratowitch | I. Belot | G. Pearson | C. Grummitt | G. Kernot | D. Stokes | A. Verney |
| Coach | L. O'Rourke | | | P. McKellar | | | E. Kassulke | C. A. A. Elliot | |
| Placing | | | | | | | | | |

ACKNOWLEDGMENTS 

The Brisbane Schoolgirls' Rowing Association wishes to acknowledge the following organisations and individuals for their contribution to schoolgirl rowing throughout 1996 and this regatta.

South East Queensland Water Board

Rowing Queensland

Queensland Boat Race Officials

Mr Wayne Diplock

Mr Ben Tidey

Mr Ray Ebert

Mr Ray Cross

Miss Anthea Howard

Mr Cliff Slawson

Time Keepers - Supplied by Somerville House

Mr Jim Worrall

Trophy, Pennant and Certificate Presenters

The Coaches

The Parents and Supporters

BRISBANE SCHOOLGIRLS' ROWING ASSOCIATION

