



ANNUAL REPORT

2002/2003

Annual General Meeting

25 October 2003

at

Albert Park South Melbourne Rowing Club

Rowing Victoria Personnel 2002/2003

Board Members

President	Peter Fraser
Vice-Presidents	Eric Waller David Pincus
Finance Director	James Lowe (also Public Officer)
Directors	Lucy Crunden David Deeble Chris Hammon Sandy Mitchell Bob Morell OAM Chris O'Brien

Rowing Australia Councillor

Sam Golding

Staff

Manager Administration	Ian Lee-Conway (to July 2003)
Manager Competition	Jim Spithill
Finance Officer	Roz Ellerbock
Development Officer	Josie Millard (to September 2003)
Hon. Webmaster	Robert Blair
Coach Education	Bill Tait

Competition Committee

Chris O'Brien, Tom Appleby, Richard Bartlett, Mark Dwyer, Herb Ellerbock, Rod Florence, Rene Klupacs, Barbara Phelan, David Pincus, Jim Spithill

Boat Race Officials Panel

Rod Florence – Chairman, Bill Waterfield – Secretary, Catherine Currie, Rene Klupacs, Jim Spithill, Emma Vesey

Selectors

Josie Millard, David Colvin, Paul Francis, Brenton Terrell, William Webster, Steve Whittington

Life Members

Robert Aitken MBE
Kath Bennett
David Boykett
Hubert Frederico
Caroline Judd
Bob Morell OAM
Bill Waterfield
Ted Woolcock

President's Report

The 2002/003 year was a particularly challenging and busy one during which Victoria hosted the 2002 World Masters Games Regatta and the Australian Masters Regatta at our Nagambie Course. The fact that these significant events followed on from our hosting of the 2002 National championships resulted in our administration resources, volunteer pool and Officials Panel being placed under extreme pressure. That each of these events were conducted in an efficient and professional manner reflected well on our State and our ability to conduct major events, and negates comments that have been levelled at Victoria by other States concerning our weather and courses.

This year our Annual report includes reports on specific areas that have been allocated to individual Directors so I will limit my comments to matters that will provide an overview of the past year.

ADMINISTRATION

For some years I had expressed my dissatisfaction with our office facilities in Richmond and we had carried out several investigations of alternative locations. However, suitable premises were usually found to be either too expensive or in unsuitable locations.

It is pleasing to now be able to report that we have been able to relocate into modern offices in St. Kilda Road that have add on benefits such as meeting facilities and access to a Board Room for our monthly meetings. This move was assisted considerably by Nick Green whose Bluearth Institute are the building owners and our landlord and with whom Nick is employed.

During the year in an attempt to address the work load that we were experiencing management duties were divided into two part time positions with Ian Lee-Conway being responsible for Administration matters and Jim Spithill Competition. At times during the year and particularly during the conduct of major events these gentlemen were placed under considerable pressure, however the events were carried out successfully and members requests were serviced satisfactorily at the same time. Consequently I would like to record my appreciation of both Ian and Jim's contribution during these busy times. It is also appropriate to express my appreciation of the contribution made by Brian Vear in his capacity as Chairman of a variety of Regatta organising committees.

CHALLENGES

During the year we addressed a number of issues that will require continuing attention in the future and they include:

i) Medical coverage at Regattas.

An incident at one of our Regattas alerted us to the need to review our procedures in regard to medical presence at our events. With the cooperation of a group of Doctors associated with Rowing we hope to establish a panel to address this issue in association with assistance from the Rowing Australia medical representative.

ii) Country Club Participation

Visits were made by Barbara Phelan to a number of centres to offer assistance in Club organization training and coaching. This initiative has been followed up in 2003 and will be further enhanced with coaching and development activities. It was pleasing during the year to see the increased participation of some country Clubs that had either not been represented for some time or if so in only a modest manner.

iii) Course Retention and Development

It is very pleasing that our Sport continues to grow but with this growth comes increasing pressure on our ability to provide venues that are suitable for varying types of regattas. This problem is best demonstrated at our Carrum venue where we conduct large school regattas and for which we have no apparent alternative venue. Whilst Carrum and other courses have served us well in the past we are experiencing increased usage conflict from other users such as water-ski groups and ferries/taxis.

iv) Sponsorship

Our sport lacks major sponsorship support and as all Club executives would be aware the fact that we are not a high profile sport and the perception that we are an affluent activity with extensive backing makes recruiting sponsors very difficult. Despite this any suggestions regarding sponsorship will be welcomed by the Rowing Victoria Board.

v) Volunteers and Officials

This topic will be covered elsewhere and you will be aware of recent initiatives to recruit Level 0 officials, however as President I would like to express my sincere appreciation of the assistance that this group has provided to both the Sport and myself during my term as President

vi) World Masters Games

This to me was the highlight of the past year with nearly 2000 athletes from a number of Countries competing over 5 events crowded days. The atmosphere was wonderful, the competition exciting and racing continuous at 5 minute intervals. We received many notes of congratulation and whilst all associated with the regatta conduct were exhausted at the end of racing I am sure that all would agree that it was a wonderful experience.

vii) Australia Day Regatta

After a couple of years of struggling to establish this Regatta we received solid support in 2001 from the Federation Committee that enabled us with the support of Qantas to bring a group from London Rowing Club to compete in a match race over the Henley Course This was followed in 2003 by a second visit from London and Thames Rowing Clubs this time supported by British Airways and again with strong support from the Victorian Government. The regatta was very successful however a reduction in funding will see a reduced format in 2004.

CONCLUSION

It has been my privilege to serve as your President for the past five years during which time I have made and reinforced many friendships that I value. It has always been my strong belief that Rowing Victoria and its administration should be visible

and available to all areas of our organisation and in this regard I hope I have contributed to this ideal.

The conduct of amateur sport and Rowing in particular requires an enormous input from a large number of volunteers and helpers without whom the sport would not operate. The demands on these unsung heroes never seem to ease and I can only say thank you to the people who have helped and responded when I have requested assistance.

My decision to resign as President was made as I have some non-rowing activities that will limit the time I have available to our sport but of greater consideration is my belief that five years is an appropriate time to step down and allow the introduction of fresh energy and ideas.

I would like to close in thanking you for your confidence and support and to also express my appreciation to the members of the Board for their contribution and assistance throughout the year.

Peter Fraser
President

Board Operations Reports

1. Strategic Planning

A meeting of Rowing Victoria was held on 20 December 2001 to establish a strategic direction for the organization for the period 2002 to 2005. A number of initiatives were identified with four specific matters receiving priority attention and requiring action during the season 2002/2003.

A meeting of the board on 3 March 2003 discussed the progress of these matters and it was agreed that a full review which would include the setting of new priorities would be held at the completion of the present competition season. Due to the impending changes on the board this review is now to be scheduled after the board for 2004 is appointed.

A brief review of progress on the four key strategic items is as follows:

CUSTOMISED COMPUTER SYSTEM /IT/”E” COMMERCE/WEBSITE

An action committee has been formed comprising representatives of all user and interested parties in this project. The group meets regularly and reports to each monthly meeting of the Board. Progress has been positive and a number of matters that had been causing frustration amongst our membership have been addressed and clarified. The past season has seen a record number of regatta entries and despite the pressures resulting from these entries our regattas have been conducted in an orderly and organised manner.

A further benefit from the progress of this committee has been the development of a data base which is now providing statistical information in regard to membership and competition status previously not available to our administration. Major decisions in regard to the ongoing involvement of our systems administrator, Herb Ellerbock, have been made for the 2004 season. A detailed report on the future direction of our IT programme is included under the Major Projects section of this report.

CARRUM

Rowing Victoria is now represented on the National Water Sports Centre User Group Committee which meets on a monthly basis. The Carrum facility is at present in the process of having responsibility for maintenance and development transferred from Melbourne Water to Parks Victoria. This process has proved to be a lengthy one and until completed any real progress with our discussions is not possible.

A meeting in March with the senior Parks Victoria executive established that they were hopeful of an early transfer of responsibility of Carrum and we would be invited for discussions as soon as that occurred. Subsequent to this meeting and at the request of Parks Victoria we have prepared and provided Parks a statement detailing our vision for Carrum.

BOAT RACE OFFICIALS/VOLUNTEERS.

This item has received regular attention during this season however remains possibly our most pressing problem. Our boat race officials are aging and without establishing some new initiatives we are going to continue to have difficulty in attracting new

applicants for BRO duties. Despite the heavy Regatta programme experienced in the past year we have managed to staff all of our events adequately albeit with great difficulty. Recent initiatives and future plans are included in the Competition area of this report.

RISK MANAGEMENT/SAFETY

We are still coming to grips with this vital component of organisational governance and administration. The subject covers all our areas of operation including safety, corporate governance and administration . A seminar was conducted at a General Meeting of Rowing Victoria where an address was presented by our insurance broker and regular updates and communication have been maintained since that date.

The quality of events conducted by us and the implications in regard to risk management are continually under review and an emergency at a major regatta has resulted in a project to form a medical coterie to assist at regattas. Traffic procedures on the Yarra have caused concern during the peak competition period and an interim arrangement of marshals was introduced. For the coming season it is expected that coaches and coxwains will have attended an education forum organised in conjunction with Parks Victoria.

Our strategic plan is intended to be a live document with set timelines and targets. It will be reviewed during season 2004 and distributed.

Board Members

Peter Fraser, Lucy Crunden

2. Finance

The Finance activities cover preparation of the annual budget, reporting monthly to the Board on budget and other finance matters, funding and sponsorship matters, the management of investments, and insurance matters. The relevant documents appear at the end of this report. We acknowledge the conscientious work of Roz Ellerbock, the Finance Officer, in maintaining the association's records.

Board Members

Jim Lowe, David Pincus

3. Competition

The Competition Committee meets regularly to provide advice to the Board via the Manager Competition and the relevant Board Directors, and we thank them for their work. Policies and procedures for competition are under constant review.

The schedule of regattas is quite full such that we are now virtually a year-round sport. October to April is the prime period, with schools being most active in February and March. The series of Masters Regattas in May and June is now well-established, and this sector of the sport continues to grow. The winter sculling series in June, July and August was well supported this year, and it was pleasing to see the

revitalisation of the Victorian Sculling Association which is now a member of Rowing Victoria.

Which events to conduct at each regatta remains a more complex question than it may appear. We have to cater for beginners to elite, from school age to masters, for clubs and schools and for city and country. The co-operation of regatta committees in meeting these at times conflicting demands is much appreciated.

We have developed a simplified check list to set and monitor regatta standards, and we use this in assessing the Regatta of the Year winners. The two key issues are safety and fairness in the conduct of the racing.

Regatta administration at the office end involves all the stages from Entries to Results including Status. The commitment of Herb Ellerbock to his role as developer and administrator of the computer system has created efficiencies that have greatly reduced the load on Regatta Secretaries.

The Boat Race Officials Panel has been particularly active in devising and delivering the training seminars for the new system of Level 0 officials. The crisis in numbers was such that last season we covered 530 of the 800 positions needed to fully cover the regattas, and of these some 30% were worked by officials aged 70 years or more. A successful training day for existing officials was held at the VIS SportEd centre in September, covering assessor training, conflict management and mentoring.

The Masters Committee under Brian Vear continues to guide effectively the development of this sector.

Board Members

Chris O'Brien, Sandy Mitchell

4. Membership Services

The delivery of the competitive season, whilst covered separately in this report, is and will remain the primary Membership Service the Association provides on behalf of and for its members.

The 2002/2003 year has seen the development of plans that are now coming to fruition in particular the VicHealth, *Health Through Rowing* Partnership was developed in March and will be delivered through to June 2006.

The partnership focuses on development and capacity building within the sport with a particular focus on active participation as Coxswains and Officials and in researching and removing barriers to participation for groups who traditionally would not see rowing as a viable sporting alternative.

TRAINING AND EDUCATION

Coach Education

There were 6 Level 1 Coaching Courses held in the 2002/2003 including 4 in Regional Centres. The regional courses were made possible by assistance from

our previous funding arrangement with VicHealth. Thanks to Bill Tait for undertaking these courses which continue to be well attended.

Boat Race Officials

The decision in the 2002/2003 year to make the provision of a Level “0” BRO by each competing club and school mandatory has met with mixed feelings from Member Clubs and Schools.

Whilst the decision was not met with unanimous enthusiasm, we believe that by the beginning of the 2004/2005 season we will have survived a year under the new arrangements and will have a much better idea of how to manage it into the future.

This is a time of change and adjustment that involves all parties. The success of this initiative is vital for the continued delivery of the competition and is largely contingent on the membership running with it with a view to taking ownership in the future.

Erin McKenzie-McHarg (Project Officer – Health Promotion) will be working with all the parties to ensure that the “ship stays on the rails” and to ensure the best possible outcome. This is a two way street and if you have ideas about the way forward then don’t keep them to yourself.

Risk Management & Safety

On an individual Club and School level this is your responsibility. The Association has from time to time sent through relevant information about minimising risk at a club level and has certainly been active late in the 2002/2003 season with the provision of Marshals on the Yarra.

The scary thing that we as an organisation have learnt is that on the whole, our Member Clubs and Schools are either ignorant or arrogant in their regard for observing the law with regard to boat lights, bike helmets and lights, observing local traffic rules and megaphone use in built up areas. This is particularly frustrating when we attempt to represent your interests to the bodies who receive these complaints. At best you don’t do yourselves any favours or make our chance of achieving positive outcomes any easier, at worst, will it take a fatal accident before we as a sport collectively take these things seriously?

Over the coming 3 years we will be addressing ongoing risk and safety issues through bulletins and possible occasional workshops. In the meantime we would urge you to get in touch with your Regional Sports Assembly which is there specifically to assist clubs with issues of governance and risk. Additionally as a starting point, we would suggest that all clubs obtain a copy of the Leisure Networks *Club Resource Kit* CD ROM which covers many basics of club administration.

In the coming years you can expect a greater focus on Membership Services, and it is incumbent on you as members to tell us as your representatives what you want from the Association.

Board Members

Sandy Mitchell, Bob Morell, Lucy Crunden

5. High Performance

VIS liaison remains a key function in this area, and the relationship between the parties is very healthy. The VIS Senior Coach, John Cumper has provided a detailed report later in this document. The two parties presented a detailed submission to the Rowing Australia review of its High Performance program structure and needs for the period after 2004 Olympics.

Whilst the main focus is on the areas of athlete preparation we should endeavour to again seek program resources through the corporate opportunities and or the innovative opportunities that may exist in the promotion of our program. The breakfast earlier in the year was a start, and we must continue to at least explore further ideas. The new marketing staff and change in strategy at the VIS may assist this process.

Sub-elite development occurs under the 2 Strokes Program. This has been established by Josie Millard over the last two years, and has identified and tracked a number of promising under-age rowers. There has been a change in the method of delivery for next season, whereby clubs offering programs in particular niche areas will be assisted financially.

Selectors under Steve Whittington, Chairman, have worked effectively to provide objective selection standards and produce competitive crews. Victoria placed second in the Zurich Cup for overall team results at the Interstate regatta in Tasmania. More recently, the Youth Cup team won the Rusty Robertson trophy for top team against crews from the Australian states and New Zealand.

State teams' management was in the very capable hands of Josie Millard, whose enthusiasm and attention to detail contributed much to their success.

Board Members

Chris O'Brien, Chris Hammon

6. Administration

The Annual Operating Plan was completed as part of the submission to Sport and Recreation Victoria in July.

RV office accommodation is working well at the new address off St Kilda Rd.

Staffing needs have been reviewed, and the new Chief Executive Officer will take up his position in November. He is Grant Cosgriff who is coming to rowing after serving as CEO of Tennis Tasmania in recent years. We look forward to working with Grant.

The Constitution requires certain changes flowing from the re-structure of delegates entitlements at the May 2003 General Meeting. A discussion draft for a new Policies and Procedures document is available at present. This will pull together all the previous By Laws and Rules, and we are taking the opportunity to adopt the FISA Rules of Racing, but with certain 'local rules' retained. Written comments are due by 1 December. The Board will subsequently take a final document to a General Meeting for adoption.

Board Operations have been reviewed, and an Operating Plan was adopted by the Board in September this year. The presentation of these reports reflects the new structure.

General Meetings and the Annual General Meeting remain as points of discussion within our sport. It would be good to see a wider range of representation at these meetings, especially from the Schools membership.

Board Members

David Pincus, Jim Lowe

7. Media and Communications

MEDIA

It is disappointing to note that on the day that Australia won two world championship events in Rowing, the media focused on someone who came 7th in Long Jump.

This has highlighted something we already knew; Rowing does not appeal to the mainstream media.

In the 2002-03 year there has been little activity paid to this, however the Board is looking to develop relationships with key people in the mainstream media in order to redress this. This is going to take some time and must be approached in a structured strategic manner.

In the meantime, Member Clubs and Schools can assist by forwarding the Association any items of news about their club/school or members. It doesn't matter how obscure the story might be, in fact the more obscure often the more appealing.

Send your club's stories to your local paper. A well structured media release will often be printed verbatim, enabling you to get your message across with minimal effort. It will become an expectation of regatta committees to forward regatta results to AAP as a matter of principle.

Every small amount of action counts towards a bigger outcome. It is our hope that by 2005 we will be seeing a semi-regular rowing presence in the press.

COMMUNICATIONS

The move to electronic communication has been on the whole successful.

The Board is mindful that this has meant that information has been harder to come by for some of our constituents, and whilst we recognise that this is an issue, we reiterate that it is the responsibility of Member Clubs and Schools to ensure that relevant communications are passed to their members.

Electronic communication is cost, resource and time efficient, and more importantly effective.

The move to electronic communication has however not been without its flaws.

The issue of Clubs/Schools not passing on information to relevant people who may not have access to the appropriate technology is ongoing (as stated above).

The move to the new website whilst having many administrative advantages has meant that we have lost some information which we are still in the process of rebuilding. This process will continue.

There is still some discontent within the membership about the loss of the printed directory/handbook and the information that it contained not being readily available. A lot of this information is not accessible on the website in its current form.

We recognise and accept these issues, and are working towards resolution whilst maintaining a forward focus.

We must pay a special vote of thanks to Robert Blair who has continued to manage the Website on a voluntary basis over the past few years. It is a largely thankless task and one that often attracts more criticism than it deserves.

The Website will increasingly become the “one stop shop” for everything you need from Rowing Victoria in the administration of your Club or School. In the height of the season the Website attracts nearly 100,000 hits per month. The level of adoption and use is high and we want and need to capitalise on that in order to make sure that every person who visits comes away with information that is easy to access, relevant/accurate and up to date.

Essentially we are heading towards automated and electronic systems, but we need to get it right which means we need to address the issues strategically and transparently. As Members it is your responsibility to engage with the Association to ensure that we move forward together.

Board Members

Chris Hammon, Sandy Mitchell

8. Major Projects

SPECIAL PROJECTS REPORT – COMPUTER SOFTWARE

Rowing Victoria now has an accepted set of software modules that are well established. These modules cover Club Membership, Regatta Entries and Regatta Management.

A number of enhancements have been sought by RV Member Clubs and School and particularly the ability to use the web to access the programs rather than via the pre-circulated disc.

An RV Technical Group (TG) has been formed to evaluate and prioritise any enhancements including the web based access feature. This group comprises Annie South (Melbourne Argonauts), Peter Bell (Essendon), John Downie, (Yarra Yarra), David Deeble (Hawthorn) and Jim Spithill, Rowing Victoria.

The Technical Group has split the task into 2 main areas:

1. Ongoing Entry and Regatta Management for season 2003-2004
2. Detailed evaluation and specification of web access functionality.

For season 2003-2004 the current system will continue with support services being provided under contract by Herb Ellerbock.

The web access functional evaluation is underway with various avenues being explored including investigation of RV building its own solution or RV using a solution that has been developed by another rowing body either in Australia or overseas. It is expected that these evaluations will be completed by end 1st calendar quarter 2004 with a target on having the chosen solution in place for regatta season 2004-2005.

Whatever the final solution is, it will involve further substantial investment. A best guess estimate is a cost in the order of \$50k just for providing the web access alone without any other major functional improvement e.g. payment of entry fees at time of entry etc.

At the RV General Meeting in September 2003 a Board Proposal to increase regatta entry "oar fees" to cover the best guesstimate cost was approved and will apply in season 2003-2004 and 2004-2005.

Regular updates on progress will be provided via minutes of RV Board Meetings.

Board Members

Eric Waller, David Deeble

9. Agency Relationships

Rowing Australia is perhaps our foremost body with which we have a day to day relationship and we are represented on its Board by David Pincus with Sam Golding appointed by Rowing Victoria as its State Councillor. It is relevant to also point out that the RA President Pat McNamara is a Victorian.

On the local front we have established and maintain strong ties with bodies that include:

Victorian Institute of Sport

VicSport

VicHealth (A major supporter and partner for seasons 2003-06)

Victorian Olympic Committee

Victorian Commonwealth Games Association

Melbourne City Council

Parks Victoria
Victorian Boating Council
Marine Safety Victoria
Victorian Government Department of Communities - Sport and Recreation

In addition to these major bodies we are also involved in communications with various local bodies associated with our clubs and courses.

The further development of these associations is regarded as an ongoing project of major importance.

Board Members

Peter Fraser, David Pincus

Rowing Victoria Awards for Season 2002/03

These will be awarded at the Rowing Victoria Awards Night on Friday 21 November at Mercantile Rowing Club.

Boat Race Officials Service Awards

40 years	Ted Woolcock
35 years	Ron Mitchell Jim Skidmore
25 years	Ian Barry Peter Mansfield Lachlan McPherson
20 years	Don Christie
15 years	Mark Brown Peter Darbyshire
10 years	Glenn Bottrell Bernard Crimmin Catherine Currie

Service Awards

Morris Brown
Frank Covill
Brian Vear

Club Coach of Year

Jeff Watt

Club Member of the Year

Brian Keating

Club Rower of Year

Jessica Cook, Essendon RC

Club Crew of Year

No Award

Life Membership

Roger Wilson

Regattas of Year

Category 1	1 st	Victorian Universities Regatta
	2 nd	Wendouree Ballarat Regatta
Category 2	1 st	Barwon Regatta
	2 nd	Wentworth Regatta
	3 rd	Carrum Regatta
Category 3	1 st	Essendon Regatta
	2 nd	Murray Rowing Association Rutherglen Regatta
	3 rd	Footscray City Regatta

2002/2003 PREMIERSHIPS

Men's Senior	Melbourne University Boat Club
Women's Senior	Melbourne University Boat Club
Men's Junior	Essendon Rowing Club
Women's Junior	Essendon Rowing Club
Combined Masters	Melbourne Rowing Club
Champion Club	Essendon Rowing Club

Final Points

CLUB/SCHOOL	MEN Senior	MEN Junior	WOMEN Senior	WOMEN Junior	MASTERS Combined	CHAMPION CLUB
Albert Park-South Melbourne	1.25	12		16	28.5	6
Allan Mitchell Club					22	1
Ballarat & Clarendon College		74		88		1
Ballarat City	4	51		25	16	4
Ballarat Grammar		54		102		2
Ballarat High		62		84		3
Banks	65	142	16	206	130	44
Barwon	101	82	7	401	55.5	34
Bendigo	1	104		128	17	9
Brauer College		37	1	54		6
Brighton Grammar		24				
Cardinal						
Carey Grammar		32		8		
Carrum		210		36	8	10
Catholic College Sale	8	36				
Caulfield Grammar		32		124		6
Caulfield Grammarians					6	1
City of Warrnambool	2				11.75	
Clonard College						
Corio Bay	2	220	9	289	83.25	61
Corowa		122		51	42	14
Dimboola		24		2	8	
Emmanuel College						
Essendon	48	524	21	807	58	103
Fintona Girls School						
Firbank Anglican School				38		2
Footscray City	6	179		196	27	11
Geelong College		48		52		2
Geelong Grammar		40		64		3
Genazzano College				68		
Gippsland Grammar	3	17		12		3
Haileybury College		16				
Hamilton		328		105		19
Hamilton College		140		152		9
Hawthorn	2	87	7	216	89	17

Horsham City					8.25	
Korowa AGS			50			3
Lake Colac		90		46		15
Latrobe University		33		44		2
Lauriston Girls School				48		
Loreto Mandeville Hall				22		1
Lowther Hall						
M.U.B.C.	217	283	58	329	18.5	64
Melbourne	1.25	230	3	545	135.75	80
Melbourne Argonauts		101			9	2
Melbourne Girls College						
Melbourne Girls Grammar				28		
Melbourne Grammar		32				
Melbourne High		36				
Mercantile	111.5	266	46	287	12	61
Methodist Ladies College			18	145		4
Mildura	4	30		31	59	5
Monivae College						
Nagambie					3	1
Nestles		6		8		
Old Brighton Grammarians						
Power House	4	188	24	123	1.5	18
Presbyterian Ladies College						
Richmond	39	463	14	380	15	39
Rutherglen Lake		4				
Ruyton Girls School				32		
Sacred Heart College				18		
Sale		3				
Scotch College		34				1
St Catherines School				28		
St Kevin's College		32				
St Patrick's College	8	204				5
Toorak College				54		
Wahgunyah				2		
Wendouree Ballarat	13	73	16	184	1	11
Wentworth District		20		26	1.5	1
Wesley College		42		40		1
Xavier College		32				
Y Rowing				118	17	6
Yarrowonga				4		
Yarra Yarra	18	125		42	19	11

Club Membership

CLUB	2002/2003	2001/2002	2000/2001	1999/2000	1998/99	1997/98
1907 TC Boat Club	new					
Alan Mitchell Club (Collegians)	12		6	27		39
Albert Park South Melbourne	72	76	86	99	60	85
Ballarat City	n/a	24	15	11	14	18
Banks	133	152	156	155	134	192
Barwon	105	101	104	123	104	68
Bendigo	79	73	47	49	39	50
Carrum	38	42	69	65	60	42
City of Warrnambool	15	19	23	47	19	36
Corio Bay	225	153	106	119	143	153
Corowa	42	40	31	17	16	32
Dimboola	70	35	44	33	21	28
Essendon	284	276	245	229	284	305
Footscray City	63	39	17	29	34	36
Hamilton	36	35	33	30	34	39
Hawthorn	169	149	140	135	119	120
Horsham City	21	39	41	36	6	11
Lake Colac	32	18	40	22	44	47
La Trobe University	42	35	22	24	16	11
Melbourne Argonauts	35	33				
Melbourne	267	233	198	157	141	149
MUBC	161	157	148	149	56	82
Mercantile	110	136	178	176	204	232
Mildura	46	36	38	25	54	54
Nagambie	3	59	70		172	197
Nestles	4		15	15	11	16
Old Brighton Grammarians	n/a	9	9			
Power House	78	81	88	89	48	84
Richmond	108	69	71	64	67	65
Robinvale	n/a	n/a	n/a	22	51	34
Rutherglen	n/a	n/a	n/a	n/a	18	
Sale	21					
Wahgunyah	16	18	13	27	31	20
Wendouree Ballarat	110	120	87	85	69	46
Wentworth District	14	13	15	3	17	13
Yarrowonga	21	24	15	23	31	28
Yarra Yarra	122	119	107	96	86	88
Y Rowing	66	94	127	104	81	57
Total	2620	2507	2405	2304	2324	2529

(n/a means not affiliated)

School Membership

SCHOOL	2002/2003	2001/2002	2000/2001	1999/2000	1998/99	1997/98
Ballarat and Clarendon	108	74	55	47	50	50
Ballarat Grammar	135	31	37	56	49	34
Ballarat High	126	93	53	36	50	55
Brauer College	14	18	11			
Brighton Grammar	115	97	82	88	88	27
Carey Grammar	198	186	55	65	47	73
Catholic College - Sale	48	39	30	27	34	27
Caulfield Grammar	158	132	27	45	46	32
Clonard College	24	25	25			
Emmanuel College	n/a	8	15			
Fintona Girls School	26	25	30	20		
Firbank Grammar School	78	51	65	39	42	34
Frankston High School	new					
Geelong College	144	152	46	150	124	68
Geelong Grammar	115	45	55	54	45	43
Geelong HS	1	2	5			
Genazzano College	83	79	25	81	70	20
Gippsland Grammar	39	30	39	38	34	30
Haileybury College	92	27	20	18	21	18
Hamilton College	52	56	31	31	32	
Horsham College	n/a	10		14		13
Kardinia International College	n/a	5				
Korowa Anglican Girls	71	52	39			
Lauriston Girls School	49	36	31	28	15	41
Loreto Mandeville Hall	140	17	20	20	15	100
Lowther Hall	24	23	27	25	18	6
Matthew Flinders Girls SC	11	6	10			
Melbourne Girls College	42	46	33	42	36	20
Melbourne Girls Grammar	102	15	19	15	20	10
Melbourne Grammar	117	29	27	106	27	27
Melbourne High	54	81	38		28	27
Mentone Girls Grammar	n/a		2	2		
MLC	188	154		140	110	110
Monivae College		20		12	10	12
PLC	39	29	23			
Ruyton Girls School	72	54	57	50	36	
Sacred Heart Geelong	61	65	49	16		
St Catherine's School	124	119	117		20	16
St Kevin's College	90	75	86	27	36	18
St Patrick's College	68	59	67	60	55	55
Scotch College	135	147	145	138	57	36
Toorak College	57	69	21	52	52	28
Wesley College	132	132	37	54	47	32
Xavier College	126	132	124	N/A	55	45
TOTAL	3258	2545	1685	1601	1369	1136

A few schools with non-continuing affiliations have been omitted. The basis of recording school member numbers has changed since the introduction of the entry software system.

2003 VICTORIAN CHAMPIONSHIP CREWS WOMEN'S EVENTS

FEMALE UNDER 16 COXED FOUR
BRAUER COLLEGE

FEMALE NOVICE SINGLE SCULL
CORIO BAY RC

FEMALE NOVICE COXED PAIR
MELBOURNE RC

FEMALE NOVICE DOUBLE SCULL
ESSENDON RC

FEMALE NOVICE COXED FOUR
MELBOURNE RC

FEMALE NOVICE COXED QUAD SCULL
ESSENDON RC

FEMALE NOVICE COXED EIGHT
RICHMOND RC

FEMALE JUNIOR SINGLE SCULL
MERCANTILE RC

FEMALE YOUTH COXED FOUR
MELBOURNE UNIVERSITY BC

FEMALE YOUTH COXED EIGHT
MERCANTILE RC

FEMALE LIGHTWEIGHT INTERMEDIATE SINGLE SCULL
ESSENDON RC

FEMALE INTERMEDIATE SINGLE SCULL
CORIO BAY RC

FEMALE INTERMEDIATE COXLESS PAIR
MELBOURNE UNIVERSITY BC

FEMALE LIGHTWEIGHT INTERMEDIATE DOUBLE SCULL
MERCANTILE RC

FEMALE INTERMEDIATE DOUBLE SCULL
MERCANTILE RC

FEMALE INTERMEDIATE COXED FOUR
MELBOURNE UNIVERSITY BC

FEMALE INTERMEDIATE COXED QUAD SCULL
MELBOURNE RC

FEMALE INTERMEDIATE COXED EIGHT
GEELONG GRAMMAR SCHOOL

FEMALE LIGHTWEIGHT SENIOR SINGLE SCULL
MELBOURNE UNIVERSITY BC

FEMALE SENIOR SINGLE SCULL
MELBOURNE UNIVERSITY BC

FEMALE SENIOR COXLESS PAIR
CORIO BAY RC

FEMALE LIGHTWEIGHT SENIOR DOUBLE SCULL
BARWON RC

FEMALE SENIOR DOUBLE SCULL
PRINCETON TRAINING CENTRE

FEMALE SENIOR QUAD SCULL
MELBOURNE UNIVERSITY BC

2003 VICTORIAN CHAMPIONSHIP CREWS MEN'S EVENTS

MALE UNDER 16 COXED FOUR
ST PATRICK'S COLLEGE

MALE NOVICE SINGLE SCULL
LAKE COLAC RC

MALE NOVICE COXED PAIR
COROWA RC

MALE NOVICE DOUBLE SCULL
ESSENDON RC

MALE NOVICE COXED FOUR
BANKS RC

MALE NOVICE COXED QUAD SCULL
MELBOURNE RC

MALE NOVICE COXED EIGHT
RICHMOND RC

MALE JUNIOR SINGLE SCULL
GIPPSLAND GRAMMAR SCHOOL

MALE YOUTH COXED FOUR
CORIO BAY RC

MALE YOUTH COXED EIGHT
CORIO BAY RC

MALE LIGHTWEIGHT INTERMEDIATE SINGLE SCULL
MELBOURNE UNIVERSITY BC

MALE INTERMEDIATE SINGLE SCULL
MERCANTILE RC

MALE LIGHTWEIGHT INTERMEDIATE COXLESS PAIR
ADELAIDE UNIVERSITY BC

MALE INTERMEDIATE COXLESS PAIR
POWER HOUSE RC

MALE LIGHTWEIGHT INTERMEDIATE DOUBLE SCULL
MERCANTILE RC

MALE INTERMEDIATE DOUBLE SCULL
MERCANTILE RC

MALE INTERMEDIATE COXED FOUR
POWER HOUSE RC

MALE INTERMEDIATE COXED QUAD SCULL
MERCANTILE RC

MALE INTERMEDIATE COXED EIGHT
CORIO BAY RC

MALE LIGHTWEIGHT SENIOR SINGLE SCULL
AIS – MELBOURNE UNIVERSITY BC

MEN SENIOR SINGLE SCULL
AIS – UNIVERSITY OF QUEENSLAND BC

MALE LIGHTWEIGHT SENIOR COXLESS PAIR
MELBOURNE UNIVERSITY BC

MALE SENIOR COXLESS PAIR
MERCANTILE RC

MALE LIGHTWEIGHT SENIOR DOUBLE SCULL
AIS – TOOWONG RC/UNIVERSITY OF QUEENSLAND BC

MALE SENIOR DOUBLE SCULL
AIS – SYDNEY UNIVERSITY BC/CANBERRA RC

MALE SENIOR COXLESS FOUR
MELBOURNE UNIVERSITY BC

MALE SENIOR QUAD SCULL
AIS – UQBC/CANBERRA RC/ANU

MALE SENIOR COXED EIGHT
MELBOURNE UNIVERSITY BC

Victorian Institute of Sport Rowing 2003 Report

(1) Program Overview

The VIS Rowing program is geared to consistently provide opportunities for the best elite rowing athletes in this state to achieve at the highest level. The Program aims to maintain the continued holistic development of the athlete to ensure they achieve success in other facets of their lives as well as enjoying success as an elite athlete. As the Victorian National training centre, we work in conjunction with the national program as the guide to the competitive standards that are required. The partnership with Rowing Victoria ensures that the ideals of the VIS program are enhanced through elite development athletes and the State Rowing Team.

(2) Training Program

The program commences in early September with aerobic preparation and the long distance evaluation at the National Water Sports Centre (Carrum) on a monthly basis until December. Combined with this on-water preparation, VIS rowers spend many hours in the weights room and on a variety of cross-training activities to enhance their aerobic development. In January the Heavyweight men's squad attended a national 10-day camp in Canberra while the Lightweight men went to a national camp at Lake Barrington Tasmania. Both Lightweight and Heavyweight women's squads attended national camp at Jindabyne. The VIS scholarship season is for 11 months of the year and VIS athletes train an average of 11 sessions per week. In addition there are team-building activities, sports science testing and technique analysis using advanced biomechanical methods.

(3) Competition Program

The first national selection activity was the national time trial conducted in Sydney in December 2002. The men's squad attended the NSW State Championships in February, while the women's squad attended a selection regatta in Adelaide. The Victorian State championships were held in March leading up to the first selection regatta in April at Penrith. This was followed 2 weeks later by the National Championships in Tasmania and then it was back to Penrith for the final national selection trials. This completed a hectic season from a programming and logistics perspective. Those who performed well enough to represent Australia prepared in May and June to depart for European competitions in July through to August.

(4) Results and Highlights

Following National Selection trials in May the following Athletes were selected into National Teams for 2003:

World Championships Milan 24 - 31 August 2003

Men's Eight: Karsten Forsterling, Cameron McKenzie-McHarg, Paul Myers, Lachlan McPherson, Marc Douez. 5th place.

Men's Pair: James Tomkins, Drew Ginn, Chris O'Brien (coach). The crew scored a magnificent Gold Medal win at the Championships.

Men's Lightweight Double Scull: Anthony Edwards. 10th place.

Men's Double Scull: David Crawshay. 6th place.

Men's Lightweight Scull: George Jelbart. 8th place.

Women's Double Scull: Catriona Oliver. 6th place.

World Under 23 Regatta – Belgrade July 25th – 27th 2003

Men's Lightweight Single Scull: George Jelbart. 2nd place – Silver Medal.

Women's Four: Sara Richards. 2nd place – Silver Medal.

Women's Lightweight Double Scull: Alison Withers. 4th place.

(5) Head Coach

Noel Donaldson

(6) Specialist Coaches and Staff

Senior Coach John Cumper.

Squad Coaches Chris O'Brien, David Palfreyman, Ian Dryden.

(7) Athlete Services Providers

Meg Jones

Simon Sostaric (VUT) Physiology

Dee Jennings

Dan Billings Strength and Conditioning

Karen Inge, Julie Tatnell Nutrition

Dr Peter Harcourt

Olympic Park/Albert Park SMC Medicine

Jill Cook, Jim Chim

Henry Wajswelner, Physiotherapy

Rob Granter, Luke Attwell Massage

Peter Brown Athlete Career Education

(8) Training Venues

- Yarra River, Melbourne – Melbourne University Boat Club, Mercantile Rowing Club, Banks Rowing Club.
- National Water Sports Centre – Carrum Rowing Club.
- Lake Wendouree, Ballarat – Wendouree Ballarat Rowing Club, Ballarat and Clarendon College.
- Lake Nagambie, Nagambie: Nagambie Rowing Club.
- VUT/VIS, Gymnasium: South Melbourne.

(9) Sponsor

Australian Rowing Technology Pty. Ltd. (AUSROWTEC).

(10) Athletes

- Full scholarship: David Crawshay, Anthony Edwards, Hannah Every, Drew Ginn, Karsten Forsterling, Warren Keeble, Emily Martin, Michael McKay, Cameron McKenzie-McHarg, Lachlan McPherson, Paul Myers, Samuel Pullin, Sarah Richards, James Tomkins, Emily Trewartha, Alison Withers.
- Associates: George Jelbart, Catriona Oliver, Travis Johnston, Robert Douglas, Ben Hegerty, Marc Douez

APS SENIOR REGATTA (HEADS OF THE RIVER)

Saturday 5 April 2003

Success breeds tradition. So it is with the Head of the River. When choice of water was abolished in 1948 and The Race moved permanently to the Barwon, tradition was programmed to die. When five additional schools joined, when a school used an imported boat design, when more crews were included, when the proliferation of non-staff coaches occurred, when repechages were introduced, when the girls started rowing: most of these were expected to destroy the long held traditions. Then the move to Nagambie, after surviving strong moves from the Heads previously to go to Ballarat and then Carrum, brought up all of the old arguments – tradition would go, The Race would be made irrelevant in the APS sporting programme. But has this happened? 2003 saw the third year at Nagambie Lakes and new customs and demands developing into traditions. The 5th April 2003 was a glorious day showcasing all that is good in APS sport.

It was The Geelong College's and Scotch College's regatta with cameo parts from Carey and Geelong Grammar. The Geelong College won both the boys and the girls first eights, the girls were expected to, and delivered, in fine style, the boys were in with a chance, and delivered with a negative split, a feat unusual in school rowing. 1.52 seconds adrift at the 1500 they finished ahead of Scotch by 1.96 seconds. What a double, what a year to remember, but good crews win races. To underline the feat the stroke of the winning The Geelong College boys crew of 2001 dived in and attempted to commune with his sister who stroked this year's winning girls crew. And wasn't mum proud!!

Scotch College won all the other open boys events and all but two of all the other events they entered, coming second in those they missed. Carey won the Year 10 Division A boys eights in a record time that would have brought them home third in the Second Eights. Geelong Grammar won the girls 2nd and 3rd eights, the latter in record time.

Some 9000 people were on site and it is obvious the APS Schools are taking to Nagambie in a big way, before, during, and after the Senior Regatta. There were well fed and watered crowds everywhere and these can only increase as word spreads. All three members of the APS Regatta Management Team are due to retire after this year's regatta, Brian Smith, Chairman of Rowing, Morris Brown, APS Secretary and Frank Covill, Adjuvant, and it was with great pride and a sense of satisfaction that they watched the crowd depart after this most successful regatta that surely has firmed Nagambie's chances of holding many more of the same.

RESULTS

BOYS

- | | |
|----------------------|---|
| 1 st VIII | 1. The Geelong College 2. Scotch College 3. Caulfield Grammar
6 min 3.99 sec |
| 2 nd VIII | 1. Scotch College 2. Wesley College 3. Carey Grammar
6 min 23.04 sec |
| 3 rd VIII | 1. Scotch College 2. Geelong Grammar 3. Xavier College |

- 4th VIII 6 min 33.53 sec
1. Scotch College 2. Geelong Grammar 3. Xavier College
6 min 42.72 sec
- Y10A VIII 1. Carey Grammar 2. Scotch College 3. Hailey bury College
6 min 25.37 sec (RECORD)
- Y10 B VIII 1. Scotch College 2. Carey Grammar 3. Xavier College
6 min 34.47 sec (RECORD)

GIRLS

- 1st VIII 1. The Geelong College 2. Geelong Grammar 3. Caulfield Grammar
7 min 1.42 sec
- 2nd VIII 1. Geelong Grammar 2. Caulfield Grammar 3. The Geelong College
7 min 24.39 sec
- 3rd VIII 1. Geelong Grammar 2. The Geelong College 3. Wesley College
3 min 39.2 sec (RECORD 1000m)
- Y10 A IV 1. Carey Grammar 2. Geelong Grammar 3. Wesley College
NTT
- Y10 B IV 1. Carey Grammar 2. Wesley College 3. The Geelong College
4 min 2.44 sec (1000m)

Frank Covill

HEAD OF THE SCHOOLGIRLS REGATTA 22-23 March 2003

The 19th Head of the Schoolgirls Regatta, sponsored by Sykes Racing with special support from the City of Greater Geelong and the Corangamite Catchment Management Authority set new records for participation. The 1820 competitors showed an increase of 10% of the previous year's record.

317 races at mostly 3-minute intervals over two days were conducted for 35 events. Thanks to great work by the Rowing Victoria Officials, by Herb and Roz Ellerbock on the computer system, by the event management team of Rob Osborne, Steve Nelson and Josh Lyle from SSDF, and by an energetic team of Geelong Rowing Association volunteers under Brian Digby, it all went off well and to time. The crowd of spectators seemed bigger and more vocal than ever.

The Committee formalised its relationship with Rowing Victoria this year, and looks forward to working together for the future development of schoolgirl rowing in Victoria,

RESULTS

Open 1500m Events

Quad Scull Div 1	1. Loreto Mandeville Hall 2. Firbank 3. Sacred Heart 5 min 47.26 sec
Four Div 1	1. Ballarat Grammar 2. Lauriston 3. Ballarat & Clarendon 5 min 54.21 sec
Eight Div 1	1. The Geelong College 2. Geelong Grammar 3. MLC 5 min 19.33 sec
Quad Scull Div 2	1. Ruyton 2. Firbank 3. MLC 5 min 53.05 sec
Four Div 2	1. Lauriston 2. Ballarat & Clarendon 3. Ballarat Grammar 5 min 55.41 sec
Eight Div 2	1. MLC 2. Geelong Grammar 3. The Geelong College 5 min 36.01 sec
Quad Scull Div 3	1. Sacred Heart 2. MLC 3. Loreto Mandeville Hall 6 min 00.48 sec
Four Div 3	1. Melbourne Girls Grammar 2. Ballarat Grammar 3. Lauriston 6 min 00.28 sec
Single Scull	1. Lowther Hall (E Madigan) 2. MLC 3. Melbourne Girls College 5 min 54.59 sec

Results of all other divisions are at www.hosg.com.au

Susie Palfreyman